On a mandate from the Norwegian Olympic Committee (NOK) and Confederation of Sports (NIF) has been given the operative responsibility for all top sports in the country. In close co-operations with the sports federations, the NOK instigates and co-ordinates several activities to facilitate the athletic development.

The initiative was taken after the Olympic Games in 1984, as a project on a trial basis. It was made permanent in 1988, and in 1990 the responsibility was formally given to the NOK. At the core of the Norwegian Top Sports Programme, stands the reliance of the athlete and his or her coach. All other activities are seen as a support of this. Another central issue is to learn from each other experiences across traditional barriers between the different sports. The cross training has proven beneficial to those who have tried it.

In preparation for the 2014 Olympics, coaches and officials of the Olympic Team have been going through a training programme. When the athletes are training, why should not the rest of the Olympic Team train as well? The purpose of this is to prepare the support organisation, and to familiarises the whole team with the aims and objectives of the Norwegian Top Sports Programme.

The Olympic Team is organised under the Chef de Mission. He exercises his authority through his Team Directors and administrative personnel for administrative matters. The health team and the team of press attachés are organised under the Chef de Mission.

Being a small country, it is easy for Norway to establish an Olympic Team where everybody knows each other. That helps create secure and supportive surroundings for those who are to perform in the Olympic competition.

**Abbreviations**
OG: Olympic Games | WCh: World Championship  
ECh: European Championship | WC: World Cup  
NCh: National Championship | WR: World Record
This guide is a presentation of all the athletes competing for Team Norway at the Sochi 2014 Olympic Winter Games. It has an external function of being a useful tool for the media, an historical function as being part of our Olympic documentation, and an important internal function as being a unifying element for all of you representing Norway in Sochi. We have been busy building Team Norway since Vancouver.

As we prepare to head off to Russia we have already set a new record as the largest Norwegian team ever to compete at a Winter Olympic, with a total of 118 athletes. Most of you will compete in the world’s most exciting and demanding competitions. A fantastic achievement in itself! Some of you are reserves, and have an important role in the team. You will support those who are competing, while at the same time being ready to compete yourselves at short notice. We also have many in important support functions. Roles that contribute to ensuring that the athletes are as well-prepared as possible for their events.

Many of the features of the Games will be familiar. Some things will be very different. Some of you have been preparing to compete across several sports, some of you with the sport in which you specialise. In order to function optimally it is essential to remain focused on the most important task of the day and not to be overwhelmed by the Olympic circus.

Each and every one of you travels to the Winter Olympic with your own dreams, expectations, high hopes of success and goals. Hold on to these dreams and never lose sight of your goals, and work resolutely with your teammates to achieve them.

Together, we have a common goal that we have been working towards for a long time. We believe we can win at least 26 medals and end up among the best three nations. I greatly believe we can achieve this. One condition is that we all do our best.

We arrive in and depart Sochi at different times and will stay at various locations, so I advise you to use this guide to familiarise yourself with Sochi and the various arenas in advance.

And finally, to all media representatives from both Norway and the rest of the world, we look forward to working closely with you during the Games. We have a tradition of cooperating so that the needs of both athletes and reporters are taken care of in the best possible way.

Good luck in Sochi!

Tore Øvrebø
Top Sport Director and Chef de Mission

Rognlien, Børre
Born: 26.12.44 – Hurdal
Residence: Oslo
President NOC
President Norwegian Olympic and Paralympic Committee and Confederation of Sports

Andersen, Inge
Born: 22.05.64 – Bergen
Residence: Oslo
General Secretary NOC
General Secretary Norwegian Olympic and Paralympic Committee and Confederation of Sports

Heiberg, Gerhard
Born: 24.03.39 – Oslo
Residence: Oslo
IOC Member
President Lillehammer OOC (1989-1994)
President Lillehammer POC (1989-1994)

Bøygard, Tore
Born: 24.08.52 – Ål in Hallingdal
Residence: Ål in Hallingdal
Norwegian Biathlon Association

Søgård, Morten
Born: 03.12.56 – Brumundal
Residence: Bærum
Norwegian Curling Association

Nilsen, Gerhard
Born: 08.12.50 - Tønsberg
Residence: Nøtterøy
Norwegian Ice Hockey Association
THE NORWEGIAN OLYMPIC AND PARALYMPIC COMMITTEE AND CONFEDERATION OF SPORTS

NORWEGIAN OLYMPIC TEAM

ALPINE SKIING
BIATHLON
CROSS COUNTRY
CURLING
FIGURE SKATING
FREESTYLE
ICE HOCKEY
LUGE
NORDIC COMBINED
SKI JUMPING
SNOWBOARD
SPEED SKATING

Rolfsen, Harald
Born: 03.05.69 – Oslo
Residence: Oslo
Norwegian Luge, Bobsleigh and Skeleton Association

Flatum, Cecilie
Born: 14.04.75 – Rana
Residence: Oslo
Norwegian Snowboarding Federation

Gerhardsen, Rune
Born: 13.06.46 – Oslo
Residence: Oslo
Norwegian Skating Federation

Røste, Erik
Born: 30.04.60 – Gjøvik
Residence: Gjøvik
Norwegian Ski Federation

OLYMPIC TEAM NORWAY
CHEF DE MISSION

Øvrebø, Tore
Born: 25.08.65 – Stavanger
Residence: Oslo
Chef de Mission
1st as Chef de Mission
6th OG as Team Official
Former rower. OG competitor 1988

STAFF

Bahr, Ingrid
Born: 23.06.63 – Førde
Residence: Oslo
Adm. Personnel
4th OG as Team Official

Myrmæl, Marit
Born: 20.01.54 – Trondheim
Residence: Oslo
Ass. Chef de Mission
12th OG as Team Official
Athlete cross-country skiing Olympic Games 1976-1980-1984

Lium, Guro
Born: 04.12.74 – Oslo
Residence: Oslo
Adm. Personnel (Administration)
4th OG as Team Official

Ytterdal, Siw Bråten
Born: 21.10.68 – Gjøvik
Residence: Bærum
Adm. Personnel
2nd OG as Team Official

Haugland, Hanne
Born: 14.12.67 – Oslo
Residence: Oslo
Coach – Ski Jumping
2nd OG as Coach and Team Official

Rapp-Ødegaard, Anita
Born: 24.07.77 – Lillehammer
Residence: Bærum
Adm. Personnel
1st OG as Team Official

Kaas, Dag
Born: 06.06.47 – Oslo
Residence: Oslo
Coach – Biathlon
Leader Endurance Village
7th OG as Coach for Cross-Country and Biathlon

Århus, Kjetil
Born: 28.12.70 – Bergen
Residence: Bergen
Adm. Personnel (IT and Transportation)
7th OG as Team Official

Gjelsvik, Roger
Born: 21.09.68 – Bergen
Residence: Bergen
Coach – Nordic Combined, Speed Skating
4th OG as Coach and Team Official
Former athlete in the national team in race walk

Orskaug, Torbjørn
Born: 18.07.66 – Oslo
Residence: Hamar
Coach – Curling, Ice Hockey
1st OG as Coach and Team Official
THE NORWEGIAN OLYMPIC TEAM

Aamodt, Finn
Born: 07.01.52 – Oslo
Residence: Oslo
Coach – Alpine Skiing, Freestyle, Luge, Snowboard
6th OG as Coach and Team Official
Sports Manager Norwegian Olympic Committee 1996 – 2004

SECURITY

Vik, Kjell Georg
Born: 12.10.66 – Ullensaker
Residence: Oslo
Security
2nd OG as Team Official

ATTACHÉ

Fedin, Alexander
Born: 13.01.83 – Krasnaya Polyana, RUS
Residence: Krasnaya Polyana, RUS
Attaché
1st OG as Attaché

MEDICAL OFFICERS

Bendiksen, Fredrik S.
Born: 16.09.54 – Bjarkev
Residence: Hamar
MD, Chief Medical Officer – Curling, Figure Skating, Speed Skating
3rd OG as MD, Medical Officer

Moen, Ellen
Born: 17.10.76 – Bærum
Residence: Oslo
MD, Medical Officer – Alpine Skiing, Freestyle, Luge, Ski Jumping, Snowboard
2nd OG as MD, Medical Officer

Sørensen, Petter
Born: 31.10.80 – Bærum
Residence: Lillehammer
MD, Medical Officer – Biathlon, Nordic Combined
1st OG as MD, Medical Officer

Lunder, Dag
Born: 06.08.56 – Lillehammer
Residence: Gjøvik
MD, Medical Officer – Cross-Country
1st OG as MD, Medical Officer

Vik, Kjell Georg
Born: 12.10.66 – Ullensaker
Residence: Oslo
Security
2nd OG as Team Official

Fosse, Ole
Born: 08.10.63 – Bergen
Residence: Lillehammer
MD, Medical Officer – Ice Hockey
2nd OG as MD, Medical Officer

Kolsrud, Lars
Born: 02.03.50 – Oslo
Residence: Oslo
MD, Medical Officer – Biathlon, Nordic Combined
7th OG as MD, Medical Officer

Fossan, Bjørn
Born: 19.05.53 – Oslo
Residence: Oslo
Chief Physiotherapist
11th OG as Physiotherapist

Borgersen, Lars Erik
Born: 11.01.62 – Sarpsborg
Residence: Oslo
Physiotherapist – Ice Hockey
1st OG as Physiotherapist
Hagen, Ragnar  
**Born:** 27.05.71 – Ål  
**Residence:** Oslo  
**Physiotherapist – Biathlon**  
2nd OG as Physiotherapist

Iversen, Erik  
**Born:** 01.10.69 – Oslo  
**Residence:** Oslo  
**Physiotherapist – Freestyle, Luge, Snowboard**  
2nd OG as Physiotherapist

Reginiussen, Trond Arne  
**Born:** 04.11.57 – Hammerfest  
**Residence:** Alta  
**Physiotherapist – Alpine Skiing**  
3rd OG as Physiotherapist

Thun, Stein Vidar  
**Born:** 28.10.81 – Klæbu  
**Residence:** Hamar  
**Physiotherapist – Nordic Combined**  
1st OG as Physiotherapist

Hansen, Torger  
**Born:** 17.06.50 – Oslo  
**Residence:** Oslo  
**Physiotherapist – Cross-Country**  
1st OG as Physiotherapist

Karpinnen, Janne  
**Born:** 22.03.76 – Lahti, FIN  
**Residence:** Hollola – FIN  
**Physiotherapist – Ski jumping, men**  
1st OG as Physiotherapist

Röstad, Vibeke  
**Born:** 27.02.79 – Trondheim  
**Residence:** Oslo  
**Physiotherapist – Cross-Country**  
4th OG as Physiotherapist

Haugvad, Lars  
**Born:** 26.12.83 – Oslo  
**Residence:** Oslo  
**Physiotherapist – Ski Jumping ladies**  
1st OG as Physiotherapist

Killingmo, Aleksander  
**Born:** 19.04.80 – Oslo  
**Residence:** Aurskog - Høland  
**Physiotherapist – Figure Skating, Speed Skating**  
1st OG as Physiotherapist

Longe, Tanja  
**Born:** 04.04.74 – Hamilton, Bermuda  
**Residence:** Oslo  
**Massage Therapist – Ice Hockey**  
2nd OG as Masseur
THE NORWEGIAN OLYMPIC TEAM

Olsen, Roger
Born: 19.10.69 – Oslo
Residence: Nittedal
Massage Therapist – Curling
1st OG as Team Official

Lemyre, Nicolas
Born: 12.07.72 – Montreal, CAN
Residence: Oslo
Sports Psychologist – Biathlon, Cross-Country
2nd OG as Sports Psychologist

Riise Midtun, Ingvild
Born: 18.04.84 – Porsgrunn
Residence: Oslo
Sports Physiologist
1st OG as Team Official

NUTRITIONIST

Garthe, Ina
Born: 21.03.73 – Oslo
Residence: Oslo
Sports Nutritionist
1st OG as Sports Nutritionist

Tajet-Foxell, Britt
Born: 17.02.48 – Stavanger
Residence: London
Sports Psychologist – Cross-Country, Nordic Combined
4th OG as Sports Psychologist

Johansen, Ståle
Born: 09.06.72 – Elverum
Residence: Lom
Chef
4th OG as Team Official

SPORTS PHYSIOLOGIST

Abrahamsen, Frank
Born: 18.12.73 – Tønsberg
Residence: Oslo
Sports Psychologist – Curling
4th OG as Sports Psychologist

Hem, Erlend
Born: 08.05.60 – Oslo
Residence: Oslo
Sports Physiologist
7th OG as Team Official

Skogvoll, Trond
Born: 26.07.68 – Narvik
Residence: Mandal
Chef
8th OG as Team Official

CHEF

Johansen, Ståle
Born: 09.06.72 – Elverum
Residence: Lom
Chef
4th OG as Team Official

Lea, Halvor
Born: 24.07.65 – Stavanger
Residence: Oslo
Chief Press Attaché
Biathlon
8th OG as Press Attaché
Mobile in Sochi: +7 9250086015

Eide, Gro
Born: 21.10.63 – Trondheim
Residence: Trondheim
Press Attaché
Cross-Country, Nordic Combined
9th OG as Press Attaché
Mobile in Sochi: +7 9250086017
Graff, Espen
Born: 16.09.69 – Oppdal
Residence: Oslo
Press Attaché
Alpine Skiing, Ski Jumping
1st OG as Press Attaché
Mobile in Sochi: +7 9250086018

Bjørnland, Lars Otto
Born: 14.11.54 – Sarpsborg
Residence: Sarpsborg
Press Attaché
Curling, Figure Skating, Ice Hockey, Speed Skating
10th OG as Press Attaché
Mobile in Sochi: +7 9250086016

Askeland, Ole J.
Born: 24.10.66 – Stavanger
Residence: Stavanger
Press Attaché
Freestyle, Luge, Snowboard
1st OG as Press Attaché
Mobile in Sochi: +7 9250086019

Breitschädel, Felix
Born: 29.11.79 – Salzburg, AUT
Residence: Trondheim
Ski Technician
2nd OG as Team Official

Fardal, Terje
Born: 30.11.65 – Sogndal
Residence: Spydeberg
Ski Technician
1st OG as Team Official

Skorstad, Håvard
Born: 12.02.73 – Ringerike
Residence: Oslo
Ski Technician
2nd OG as Team Official

Trondsen, Krister
Born: 12.02.78 – Røros
Residence: Røros
Ski Technician
1st OG as Team Official

Stuveseth, Olav
Born: 09.04.61 – Oslo
Residence: Hokksund
Ski Technician
6th OG as Team Official

Stuveseth, Olav
Born: 09.04.61 – Oslo
Residence: Hokksund
Ski Technician
6th OG as Team Official

Breitschädel, Felix
Born: 29.11.79 – Salzburg, AUT
Residence: Trondheim
Ski Technician
2nd OG as Team Official

Fardal, Terje
Born: 30.11.65 – Sogndal
Residence: Spydeberg
Ski Technician
1st OG as Team Official

Skorstad, Håvard
Born: 12.02.73 – Ringerike
Residence: Oslo
Ski Technician
2nd OG as Team Official

Trondsen, Krister
Born: 12.02.78 – Røros
Residence: Røros
Ski Technician
1st OG as Team Official
Norwegian “Vikings” aiming for GOLD

Aksel Lund Svindal is one of the hottest candidates to win an Olympic gold medal in Sochi. When he became the world champion in downhill in Schladming, Austria last season, he was the first male skier in history to win a gold medal in four World Championships in a row. Svindal, 31, is continuing the legacy of Kjetil André Aamodt and Lasse Kjus in an impressive way.

Aksel Lund Svindal has in total won six gold, two silver and three bronze medals at the World Championships and Olympic Games. He is the reigning Olympic champion in the Super G discipline, and he also won silver in downhill and bronze in giant slalom in Vancouver. Expectations are of course high for Aksel Lund Svindal in Sochi. He has started this current season with great results and in December became the Norwegian skier with the most World Cup wins.

Here are also high expectations for Kjetil Jansrud, who is back on track from a serious knee injury at the World Championships in Schladming last season. 28-year-old Jansrud, who impressed with a silver medal in the giant slalom in Vancouver 2010, has worked hard to fight himself back for a place at the podium.

Norwegian alpine skiing is experiencing great success and has more athletes in the Olympics than for many years. In addition to Aksel Lund Svindal and Kjetil Jansrud there are several young skiers with the potential of competing at the top level. One of them is Henrik Kristoffersen, who has been in the top three in the slalom World Cup this season.

It is also very satisfying that the Norwegian alpine women are showing progress. Several of them have proven that they can ski very fast making the top ten in all disciplines.

More info: www.skiforbundet.no
Abplanalp, Stefan  
Born: 24.12.73 – Interlaken, SUI  
Residence: Thun, SUI  
Head Coach - Women  
3rd OG

Østengen, Eivind  
Born: 25.04.83 – Drammen  
Residence: Hokksund  
Assistant Coach - Women  
1st OG

Fetz, Bernt  
Born: 16.06.86 – Bregenz, AUT  
Residence: Egg, AUT  
Ski Service - Men  
1st OG

Svandal, Inger  
Born: 06.12.86 – Haugesund  
Residence: Åre, SWE  
Coach - Women  
1st OG

Haffey, Thomas Aaron  
Born: 14.01.79 – Anaconda, USA  
Residence: Anaconda, USA  
Ski Service/Coach  
1st OG

Berthold, Stefan  
Born: 02.04.71 – Bludenz, AUT  
Residence: Stuttgart, GER  
Ski Service  
1st OG

Haugen, Per  
Born: 13.01.61 – Høyanger  
Residence: Oslo  
Performance Analysis  
1st OG

Kornberger, Stefan  
Born: 22.09.86 – Schladming, AUT  
Residence: Pichl-Reiteralm, AUT  
Assistant Coach - Women  
1st OG

Blesik, Othmar  
Born: 31.08.83 – Rottenmann, AUT  
Residence: Oppenbach, AUT  
Racing Service  
1st OG

Schjetne, Tor Setsaas  
Born: 13.03.79 – Trondheim  
Residence: Trondheim  
Ski Service – Women  
1st OG

Waleniussen, Anders  
Born: 05.05.87 – Narvik  
Residence: Svalbard  
Coach  
1st OG
MEN

Svindal, Aksel Lund
Club: Nero
Residence: Innsbruck, AUT
Height: 190 cm
Civil Status: In a relationship
Occupation: Alpine skier
Hobbies: Windsurfing, SUPing, classic cars
Favourite music: All kinds
Favourite film: Pulp fiction
Favourite food: Any fresh food
Greatest sport moment: Overall World Cup wins and 2010 Olympics
Sports idol: Kjetil André Aamodt
Languages spoken: Norwegian, English and German
Comments: His 3rd OG!
Previous results:
Other: World Cup overall winner 2007 and 2009, six World Cup victories, 21 times Norwegian Champion

Haugen, Leif Kristian
Club: Lommedalen IL
Born: 29.11.87 – Bærum
Residence: Lommedalen
Height: 185 cm
Civil Status: In a relationship
Occupation: Alpine skier
Hobby: White water kayaking
Favourite music: Pearl Jam
Favourite book genre: Entrepreneurial
Favourite food: Burritos
Greatest sport moment: Lasse Kjus – Vail 1999
Sports idol: Ole Gunnar Solskjær
Languages spoken: Norwegian, English and German
Comments: His 2nd OG!
Previous results:
OG 10: 28/GS
WCh 11: 16/GS, WCh 13: 1/SG, 4/DH, 11/SG
Other: Europa Cup overall winner 2013

Jansrud, Kjetil
Club: Peer Gynt Alpinklubb
Born: 28.08.85 – Stavanger
Residence: Oslo
Height: 183 cm
Civil Status: Far from single
Occupation: Alpine skier
Hobbies: Drinking coffee and playing Dota2
Favourite music: Eddie Vedder
Favourite film: The sixth sense
Favourite book genre: Fantasy
Favourite food: Taco (the European way)
Greatest sport moment: Liverpool Champions League victory 2005
Sports idol: Lasse Kjus
Languages spoken: Norwegian, Swedish, Danish, English and German
Comments: His 1st OG!
Previous results:
WCh 13: 20/GS
Other: Gold medal SL and GS at the EYOF 2011 in Liberec, two victories in the Europa Cup, Norwegian Champion SL 2013
WOMEN

Solevaag, Sebastian Foss
Club: Spjelkavik IL
Born: 13.07.91 - Ålesund
Residence: Ålesund
Height: 182 cm
Civil Status: Single
Occupation: Student
Hobbies: Tennis, gold, sports
Favourite music: House
Favourite film: The Dark Knight
Favourite book genre: Crime
Favourite food: Shellfish
Greatest sport moment: Kjetil Andre Aamodt winning SG gold in Turin OG 2006
Sports idol: Rafael Nadal
Languages spoken: Norwegian, English and German
Comments: His 1st OG!
Previous results:
jrWCh 10: 47/DH, 52/SG, jrWCh 11: 47/DH, 47/SG
Other: One top 10 World Cup placement, Norwegian Champion SL 2013

Mowinckel, Ragnhild
Club: Sportsklubben Rival
Born: 12.09.92 - Molde
Residence: Molde
Height: 168 cm
Civil Status: Single
Occupation: Alpine skier
Hobbies: Movies, series and friends
Favourite music: Bastille
Favourite film: Forrest Gump
Favourite book genre: Fantasy, romance, adventure
Favourite food: Seafood
Greatest sport moment: My first WC-points in Garmisch
Languages spoken: Norwegian and English
Comments: Her 2nd OG!
Previous results:
OG 10: 13/SC, 21/SG, 25/GS
Other: Six top 10 World Cup placements, Norwegian Champion SL 2007

Løseth, Mona
Club: Spjelkavik IL
Born: 11.04.91 - Ålesund
Residence: Ålesund
Height: 172.5 cm
Civil Status: In a relationship
Occupation: Alpine skier
Hobby: Sports
Favourite music: Bastille, Ellie Goulding
Favourite book genre: Roman
Favourite food: Seafood
Greatest sport moment: In a relationship
Sports idol: Kjetil Andre Aamodt
Languages spoken: Norwegian and English
Comments: Her 1st OG!
Previous results:
WCh 13: 10/SL, 30/GS
Other: Four victories in the Europa Cup, five times Norwegian Champion (SL 2009 and 2013, SG 2010, GS 2010 and 2013)
Bjørndalen and Berger’s Olympic farewell

Norway will compete with a wide range of great athletes in Sochi. On the men’s side, the most successful biathlete, 40-year-old Ole Einar Bjørndalen will compete in his sixth Olympic Games, while Johannes Thingnes Bø (20) will make his debut. Thingnes Bø made his international breakthrough when winning two World Cup victories just before Christmas. In addition we also have the 2013 four time World Champion Emil Hegle Svendsen plus Johannes Thingnes Bø’s older brother Tarjei Bø. Ole Einar Bjørndalen will retire after the Sochi games, and he is a candidate for the IOC Athletes’ Commission.

On the women’s side there are high expectations for Tora Berger to win another Olympic medal in Sochi. In Vancouver 2010 she won Norway’s 100th gold medal in Olympic Winter Games. Tora is last season’s overall World Cup champion and she was the “queen” of the World Championships with four gold and two silver medals. The Sochi Olympics will be her last as she will also retire after the season. Tora’s performance in the World Cup has not been as strong as last year, but in Oberhof she took the season’s first victory. There are also expectations for the other women on the biathlon team. Ann Kristin Aafedt Flatland, Tiril Eckhoff and Synnøve Solemdal also have podium appearances in this season’s World Cup.

Norway has in total won 10 individual Olympic gold medals over the years; Magnar Solberg (1968 and 1972), Eirik Kvalfoss (1984), Halvard Hanevold (1998), Ole Einar Bjørndalen (one in 1998 and three in 2002), Emil Hegle Svendsen (2010) and Tora Berger (2010). In the relay Norway has won two gold medals for men; in 2002 (Egil Gjelland, Frode Andresen, Halvard Hanevold and Ole Einar Bjørndalen) and in 2010 (Halvard Hanevold, Tarjei Bø, Emil Hegle Svendsen and Ole Einar Bjørndalen).

The Norwegian Biathlon Association has about 10,000 members, nearly 180 clubs and 130 venues for biathlon in Norway.

More info: www.skiskyting.no

Sejersted, Lotte Smiseth
Club: Stabæk IF
Born: 05.03.91 – Bærum
Residence: Bærum
Height: 169 cm
Civil Status: Single
Occupation: Alpine skier
Hobbies: Sports, photography
Favourite music: Bon Iver, Dire Straits
Favourite film: The Gladiator
Favourite book genre: Drama
Favourite food: Taco, sushi
Greatest sport moment: Kjetil Andre Aamodt winning 5G gold in Turin OG 2006
Languages spoken: Norwegian and English
Comments: Her 1st OG!
Previous results:
WCh 11: 10/SC, WCh 13: 13/SG, 21/DH, 30/GS
Other: One victory in the Europa Cup, 15 times Norwegian Champion, overall victory in the Australia New Zealand Cup 2010

LAURA CROSS COUNTRY SKI AND BIATHLON CENTER / Olympic Capacity – 7,500
The capacity is 7,500 in each of two stadiums Laura Cross Country Ski and Biathlon Center consists of two separate stadiums, each with their own start and finish areas, two separate course systems for cross-country skiing and biathlon, and a combined total course length of 15 kilometers. The ridged circuit of the ski course drops 80 meters relative to the stadium, and the difference in height between the lower and upper sections is 85 meters. (SOCHI 2014)
Botnan, Per Arne  
Born: 19.09.69 – Oppdal  
Residence: Oslo  
Sports Director  
2nd OG as Sports Director

Nordby Andersen, Espen  
Born: 02.03.78 – Larvik  
Residence: Gello  
Head Coach Men  
1st OG as Coach  
Former biathlete on national level

Steinslett, Geir Ole  
Born: 28.04.80 – Vefsn  
Residence: Vestre Gausdal  
Coach Women  
2nd OG as Coach

Søderberg, Thomas  
Born: 10.10.73 – Kristinehavn, SWE  
Residence: GER  
Technical Personell/Waxing  
4th OG

Idland, Arne  
Born: 16.05.69 – Stavanger  
Residence: Figgjo, Sandnes  
Coach  
3rd OG  

Grubben, Roger  
Born: 05.07.69 – Hattfjelldal  
Residence: Sinnes, Sirdal  
Coach Men  
4th OG as Coach

Raval, Ola  
Born: 11.03.69 – Västerås, SWE  
Residence: Ås, SWE  
Coach Biathlon  
OG 1998 Waxer Team Sweden, OG 2002 and 2006 Head Coach sprint cross-country Team Sweden, Coach Biathlon Team Norway 2010

Cantoni, Nicola  
Born: 03.05.76 – Bormio, ITA  
Residence: ITA  
Technical Personell/Waxing

Gjelland, Egil  
Born: 12.11.73 – Voss  
Residence: Eikelandsose  
Head coach – Women  
1st OG as Coach  
Former athlete, winning gold in relay in OG 2002 and silver in OG 1998

Svendsen, Morten Hegle  
Born: 12.03.83 – Trondheim  
Residence: Trondheim  
Technical Personell/Waxing

Svaland, Jon Kristian  
Born: 21.09.79 – Kristiansand  
Residence: Lillehammer  
Technical Personell/Waxing
Røiseland, Reidar
Born: 26.07.65 – Flekkefjord
Residence: Kvinesdal
Technical Personell/Waxing

Mikkelsplass, Eilef Kristen
Born: 07.10.58 – Nesbyen
Residence: Bromma
Technical Personell/Waxing

MEN

Berger, Lars
Nickname: “Der Elch”
Club: Dombås IL/Byåsen IL
Born: 01.05.79 – Levanger
Residence: Lesja
Height: 189 cm
Civil status: Unmarried

Occupation: Biathlete
Hobbies: Cycling, mountain hiking, backcountry skiing, books and DVDs
Favourite film: The Godfather
Favourite book genre: Action
Favourite food: Meat balls with brown sauce and potatoes
Sport Idol: Egil Gjelland
Languages spoken: Norwegian, English, German

Previous results:
OG: 94: Ind/36, Spr/28, Rel/7, 98: Ind/7, Spr/1, Rel/2, 02: Ind/1, Spr/1, Rel/1, Xc: 30K/5, 06: Ind/2, Spr/12, Pur/2, Rel/5, Mas/3, 10: Spr/17, Pur/7, Ind/2, Mass/27, Rel/1
WCh: 95: Ind/12, Spr/4, Rel/5, 96: Ind/19, Spr/6, Rel/4, 97: Ind/6, Spr/9, Pur/3, Rel/2, 98: Pur/2, Tm/1, 99: Ind/4, Spr/19, Pur/5, Mas/3, Rel/3, 00: Spr/5, Pur/4, Mas/3, Rel/3, 01: Ind/10, Spr/19, Pur/4, Mas/2, Rel/3, 02: Mas/7, 03: Ind/30, Spr/1, Pur/8, Mas/1, Rel/4, 04: Ind/3, Spr/3, Pur/3, Mas/7, Rel/2, 05: Ind/6, Spr/1, Pur/1, Mas/1, Rel/1, 07: Spr/1, Pur/1, Ind/32, Rel/2, Mas/4, 08: Spr/3, Pur/1, Ind/2, Mas/2, Rel/2, 09: Spr/1, Pur/1, Ind/1, Mas/4, Rel/1, 11: Spr/22, Pur/24, Ind/6, Mas/6, Rel/1, 12: Spr/21, Pur/27, Ind/47, Mas/8, Rel/1, 13: Spr/4, Pur/10, Ind/25, Mass/24, Rel/1
World Cup overall winner: 07/98, 02/03, 04/05, 05/06, 07/08, 08/09

Be, Tarjei
Club: Markane IL
Born: 29.07.88 – Stryn
Residence: Oslo
Height: 186 cm
Civil Status: Girlfriend
Occupation: Biathlete
Hobbies: Car-driving, bicycling, Favorite music: Dire Straits
Favourite film: Prison Break
Favourite food: Sushi
Greatest sport moment: Gold medal in Nagano Olympics
Sport Idol: Bjørn Daehlie
Languages spoken: Norwegian, English, German

Previous results:
OG: 06: Mass/6, 10: Spr/2, Pur/8, Ind/1, Mass/13, Rel/1
WCh: 07: Spr/7, Pur/5, 08: Spr/12, Pur/12, Ind/1, Mas/1, Rel/2, 09: Mas/12, Rel/1, 11: Spr/5, Pur/2, Ind/8, Mass/18, Rel/1, 13: Spr/1, Pur/1, Mass/3, Rel/1
World Cup overall winner: 09/10

Bjørndalen, Ole Einar
Nickname: “Klumpi”
Club: Simostranda IL
Born: 27.01.74 – Drammen
Residence: Obertilliach, AUT
Height: 180 cm
Occupation: Biathlete
Hobbies: Car-driving, bicycling
Favorite music: Dire Straits
Favourite film: Party music
Favourite book genre: Crime
Favourite food: Sushi
Greatest sport moment: Winning the tallow jersey
Sports idol: Johannes Thingnes Bø
Languages spoken: Norwegian, English, German

Previous results:
OG: 10: Ind/21, Rel/1
WCh: 11: Spr/3, Pur/3, Ind/1, Mass/4, Rel/1, 12: Spr/17, Pur/7, Ind/18, Mass/17, Rel/1, 13: Spr/18, Pur/17, Ind/12, Mass/1, Rel/1
World Cup overall winner: 10/11
Other: 1 gold-, 3 silver- and 2 bronze medals in WCh jr.

Svendsen, Emil Hegle
Club: Trondheims SSK
Born: 12.07.85 – Trondheim
Residence: Oslo
Height: 185 cm
Civil Status: Single
Occupation: Biathlete
Hobbies: Data, music, friends
Favourite film: Gladiator
Favourite book genre: Crime
Favourite food: Italian
Greatest sport moment: Olympics 2010
Sports idol: Johannes Thingnes Bø
Languages spoken: Norwegian, English, German

Previous results:
OG: 06: Mass/6, 10: Spr/2, Pur/8, Ind/1, Mass/13, Rel/1
WCh: 07: Spr/7, Pur/5, 08: Spr/12, Pur/12, Ind/1, Mas/1, Rel/2, 09: Mas/12, Rel/1, 11: Spr/5, Pur/2, Ind/8, Mass/18, Rel/1, 13: Spr/1, Pur/1, Mass/3, Rel/1
World Cup overall winner: 09/10
**BIATHLON**

**BO**, Johannes Thingnes  
**Club**: Markane IL  
**Born**: 16.05.93 – Stryn  
**Residence**: Lillehammer  
**Height**: 187 cm  
**Civil Status**: In a relationship  
**Occupation**: Biathlete  
**Hobbies**: Party, girls  
**Favorite music**: RnB, party-music  
**Favorite food**: Kebab (at night)  
**Greatest sport moment**: Winning 5 golds in WCh jr.  
**Sports idol**: Emil Hegle Svendsen

**Christiansen, Vetle Sjåstad**  
**Club**: Geilo IL  
**Born**: 12.05.92 – Ringerike  
**Residence**: Lillehammer  
**Height**: 190 cm  
**Civil Status**: Girlfriend  
**Occupation**: Biathlete  
**Hobby**: Biathlon  
**Favorite music**: Spotify  
**Favorite food**: Pesto  
**Greatest sport moment**: Winning gold WCh jr relay Kontiolahti 2012  
**Sports idol**: Julie Vollum Bø

**Languages spoken**: Norwegian, English  
**Other**: Winning sprint in EYOF with 4 penalties

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**WOMEN**

**Berger, Tora**  
**Club**: Dombås IL  
**Born**: 18.03.81 – Ringerike  
**Residence**: Meråker  
**Height**: 165 cm  
**Civil Status**: Married  
**Occupation**: Biathlete  
**Hobbies**: My dog (“Tarzan”), knitting, hunting, fishing  
**Favorite music**: Bon Jovi  
**Favorite film**: Flåklypa  
**Favorite book genre**: Crime  
**Favorite food**: Pizza and Norwegian waffles  
**Greatest sport moment**: Winning the 15 km/individual in Vancouver 2010

**Languages spoken**: Norwegian, English  
**Previous results**:  
**OG**: 06: Ind/13, Spr/23, Pur/18, Rel/5, Mas/25, 10: Spr/33, Pur/5, Ind/1, Mass/18, Rel/4  
**WCh**: 05: Ind/21, Spr/11, Pur/19, Mas/13, Rel/5, Mix/10, 07: Spr/10, Pur/19, Ind/4, Mas/25, Rel/3, 08: Spr/4, Pur/4, Ind/4, Mas/2, Rel/6, 09: Spr/19, Pur/9, Ind/3, Mas/15, Rel/11, 11: Spr/7, Pu/5, Ind/10, Mass/3, Rel/5, 12: Spr/6, Pur/4, Ind/1, Mass/1, Rel/3, 13: Spr/2, Pur/1, Ind/1, Mass/2, Rel/1  
**World Cup overall winner**: 12/13

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**Eckhoff, Tiril**  
**Club**: Fossum IF  
**Born**: 21.05.90 – Bærum  
**Residence**: Trondheim  
**Height**: 163 cm  
**Civil Status**: In a relationship  
**Occupation**: Student/Civil engineering  
**Hobbies**: Telemark, talking, knitting, sewing  
**Favorite music**: Ånund Lid Byggland  
**Favorite film**: Supervention  
**Favorite book genre**: Crime  
**Favorite food**: Sushi  
**Greatest sport moment**: Barnas Holmenkollrenn (Childrens skiing day at Holmenkollen)  
**Sport idol**: Aksel Lund Svindal, Nikita Kriokov

**Languages spoken**: Norwegian, English  
**Previous results**: Gold medal ECh 2010, 1 individual national championship
**Flatland, Ann Kristin Aafedt**
Club: Vik IL  
Born: 06.11.82 - Oslo  
Residence: Ålgård  
Height: 173 cm  
Civil Status: Married  
Occupation: Biathlete  
Hobbies: Hunting, wildlife, knitting  
Favorite music: Melissa Horn  
Favorite book genre: Jo Nesbø/crime  
Favorite food: Pizza  
Sport idol: Tora Berger  
Languages spoken: Norwegian, English  
Previous results:  
OG: 10: Spr/10, Pur/8, Ind/14, Mass/11, Rel/4  
WCh: 05: Spr/22, Pur/37, 07: Spr/5, Pur/24, Ind/48, Mas/18, Rel/3, 08: Spr/51, Pur/48, Ind/12, Mas/28, Rel/6, 09: Spr/33, Pur/30, Ind/51, Rel/11, 11: Spr/34, Ind/82, Rel/5, 13: Spr/8, Pur/7, Ind/44, Mass/24, Rel/1

**Ringen, Elise**  
Club: Meråker skiskyttelklubb  
Born: 21.11.89 - Meråker  
Residence: Meråker  
Height: 169 cm  
Civil Status: Single  
Occupation: Biathlete  
Hobbies: Knitting, mountain hiking, reading and surfing on the web  
Favorite music: Music from Trøndelag; “Trønderrock”. DDE, Åge Aleksandersen, hit tunes from the eighties  
Favorite film: Titanic, Ice Age  
Favorite book genre: Novels  
Favorite food: Wheat buns with traditional Norwegian brown cheese  
Greatest sport moment: Winning gold medal in relay Nove Mesto 2013  
Sports idol: Edvald B. Hagen  
Languages spoken: Norwegian, English  
Previous results:  
WCh: 11: Spr/43, Pur/Lap, Ind/63, Mass/29, Rel/3, 12: Spr/32, Pur/24, Ind/39, Mass/18, Rel/3, 13: Spr/19, Pur/19, Ind/53, Mass/16, Rel/1

**Solemdal, Synnøve**  
Club: Tingvoll IL  
Born: 15.05.89 - Tingvoll  
Residence: Lillehammer  
Height: 175 cm  
Civil Status: Single  
Occupation: Biathlete  
Hobby: Talking  
Favorite music: Pink  
Favorite film: Lion King  
Favorite book genre: Novels  
Favorite food: Pizza  
Greatest sport moment: Winning gold medal in relay Nove Mesto 2013  
Sports idol: Ole Einar Bjørndalen  
Languages spoken: Norwegian, English  
Previous results:  
WCh: 11: Spr/43, Pur/Lap, Ind/63, Mass/29, Rel/3, 12: Spr/32, Pur/24, Ind/39, Mass/18, Rel/3, 13: Spr/19, Pur/19, Ind/53, Mass/16, Rel/1

**Horn, Fanny Welle-Strand**  
Club: Oslo SSL  
Born: 08.03.88 - Oslo  
Residence: Lillehammer  
Height: 174 cm  
Civil Status: In a relationship  
Occupation: Biathlete and ex-student law  
Hobbies: Hunting and fishing, knitting, cooking, house cleaning  
Favorite film: Homeland (TV-series)  
Favorite food: Self hunted food with baked potatoes and salad  
Sports idol: Ole Einar Bjørndalen  
Languages spoken: Norwegian, English, German  
Previous results:  
WCh: 11: Spr/24, Pur/31, Ind/29, Mass/29, Rel/5, 12: Spr/33, Rel/3, 13: Spr/35, Pur/37, Ind/54
Several Norwegian Candidates for Olympic Medals

Norway has a very good starting point for Olympic medals having both the women's and the men's reigning champions of the Tour de Ski in place with Therese Johaug and Martin Johnsrud Sundby. Both have devoted extensive training volumes through the previous season and are heading for individual Gold medals in Sochi.

In addition Marit Bjørgen, the world’s most successful female skier, is fully prepared for more Olympic achievements after she unfortunately had to cancel the Tour de Ski this season. Marit aims to compete in all six Olympic races and she is able to win a medal in each one of them.

Petter Northug’s form is on the rise and his focus on hitting his top form during the Games in Sochi are on schedule with deliberate preparation and continuously improved results this season.

It will also be interesting to see how our Olympic rookies Ingvild Flugstad Østberg and Heidi Weng - as well as experienced Astrid Uhrenholdt Jacobsen - will do in the women’s competitions after their great recent achievements and results with leader- and sprint jerseys as well as many podium finishes in the Tour de Ski.

On the men’s side Norway has many athletes ready to compete for Olympic medals. Sprinter Eirik Brandsdal and allrounder Finn Hågen Krogh are having a rising degree of fitness and many good results. Chris Jespersen is another exciting Norwegian who took second place overall in the Tour de Ski.

The Norwegian Ski Federation’s objective is to be the “World’s best cross-country skiing nation for women and men”. The goal for the Olympics in Sochi is to have athletes competing for medals in all distances. The Norwegian cross-country squad has pre-camped for the Olympics in Seiser Alm, Italy before the last WC race in Toblach the weekend before the Games start. The team is well prepared and ready to fight for medals for both women and men of all exercises in Sochi.

More info: www.skiforbundet.no

Løfshus, Vidar
Born: 22.02.70 – Løkken Verk
Residence: Vestby
Team leader
2nd OG as Team Leader
1OG as Coach

Nystad, Trond
Born: 09.06.70 – Drammen
Residence: Ramsau am Dachstein, AUT
Head Coach Men
3rd OG as Coach

Kristiansen, Egil
 Born: 18.01.66 – Lillehammer
Residence: Vinstra
Head Coach Women
3rd OG as Coach
Athlete in OG 1994 – 8th place 30 km F

Monsen, Arild
Born: 05.04.62 – Molde
Residence: Molde
Head Coach Men Sprint
3rd OG as Coach

Hjelmeset, Roar
Born: 28.06.77 – Norfjordeid
Residence: Lillehammer
Coach Women
1st OG as Coach

Aune, Ulf Morten
Born: 21.09.61 – Tromsø
Residence: Stockholm, SWE
Coach
6th OG as Coach
Mundal, Steinar  
Born: 26.09.50 – Sogn  
Residence: Drammen  
Coach  
3rd OG as Coach

Olsson, Perry  
Born: 29.12.55 – Söderala, SWE  
Residence: Bruksvallarna, SWE  
Waxing Personnel  
6th OG as Waxing Personnel

Pedersen, Roy  
Born: 08.12.62 – Ringerike  
Residence: Hønefoss  
Waxing Personnel  
2nd OG as Waxing Personnel

Snesrud, Stein Olav  
Born: 29.10.82 – Furnes  
Residence: Furnes  
Waxing Personnel  
1st OG as Waxing Personnel

Sandvig, Bjørnar  
Born: 11.10.67 – Oslo  
Residence: Bærum  
Team Coordinator  
1st OG as Team Coordinator

Selbæk, Kai  
Born: 17.10.56 – Orkdal  
Residence: Jerpstad  
Waxing Personnel  
2nd OG as Waxing Personnel

Høgnes, Lars  
Born: 12.12.80 – Ringerike  
Residence: Jevnaker  
Waxing Personnel  
1st OG as Waxing Personnel

Bjørnstad, Per Erik  
Born: 10.04.71 – Trondheim  
Residence: Alta  
Waxing Personnel  
1st OG as Waxing Personnel

Nystad, Knut  
Born: 09.06.70 – Drammen  
Residence: Stattum  
Head of Service Team  
3rd OG as Waxing Personnel

Hansen, Ronnie Frydenlund  
Born: 24.08.77 – Gjøvik  
Residence: Hunndalen  
Waxing Personnel  
2nd OG as Waxing Personnel

Haugland, Snorre  
Born: 29.09.73 – Oppdal  
Residence: Oppdal  
Waxing Personnel  
1st OG as Waxing Personnel

Tylldum, Iver  
Born: 04.05.88 – Namsos  
Residence: Trondheim  
Waxing Personnel  
1st OG as Waxing Personnel
Tøllefsen, Esben  
Born: 01.06.72 – Senja  
Residence: Tromsø  
Waxing Personnel  
1st OG as Waxing Personnel

MEN

Brandsdal, Eirik  
Club: Kjelsås IL  
Born: 11.11.86 – Oslo  
Residence: Oslo  
Height: 181  
Civil Status: Not married  
Occupation: Cross Country Skier  
Hobbies: Mountain hiking, climbing, games and movies  
Languages spoken: Norwegian and English  
Previous results:  
WCh: 12: 6 Sprint Classic  
WC: 3 victories Otepää 2011, Milano 2012 and Drammen 2012  
NCh: 2 victories Sprint

Gjerdalen, Tord Asle  
Club: Fossum IF  
Born: 03.08.83 – Ringerike  
Residence: Oslo  
Height: 182 cm  
Civil Status: Married  
Occupation: Cross Country Skier  
Hobbies: Medicine Student  
Favourite music: Pink Floyd, Band of Horses, Neil Young  
Favourite film: Ice Age  
Favourite food: Italian Pizza  
Greatest sports moment: 50km WCh Oslo 2011  
Sports idol: Ole Einar Bjøndalen and Aksel Lund Svindal  
Languages spoken: Norwegian and English  
Previous results:  
OG: 10: 19 – 30k, 28 – 15k, 06: 15 – 50k, 17 – 30k  
NCh: 11: 1 – 30k Pursuit, 10: 1 – 30k Pursuit  
Other: 4 – Tour de Ski 2008. 4 – WC Overall 2008

Gleirsøen, Anders  
Club: Rustad IL  
Born: 22.05.86 – Oslo  
Residence: Oslo  
Height: 185 cm  
Civil Status: In a relationship  
Occupation: Cross Country Skier  
Languages spoken: Norwegian and English  
Previous results:  
WC: 4 Victories  
NCh: 2 Gold Medals – Sprint Relay

Gløersen, Anders  
Club: Gol IL  
Born: 16.07.90 – Gol  
Residence: Gol  
Height: 185 cm  
Civil Status: Cohabitee  
Occupation: Cross Country Skier  
Favourite food: Asian & Italian  
Greatest sports moment: Winning the WCh Gold Medal in 2009  
Languages spoken: Norwegian and English  
Previous results:  
OG: 10: 4 – Sprint Classic 06: 9 – Sprint  
WCh: 13: 9 – Sprint, 11: 2 – Team Sprint Classic, 4 – Sprint, 09: 1 – Sprint, 1 – Team Sprint  
NCh: 08: 1 07: 1  

Hattestad, Ola Vigen  
Club: Ørje IL  
Born: 19.04.82 – Askim  
Residence: Ørje  
Height: 188 cm  
Civil Status: Cohabitee  
Occupation: Cross Country Skier  
Favourite food: Asian & Italian  
Greatest sports moment: Winning the WCh Gold Medal in 2009  
Languages spoken: Norwegian and English  
Previous results:  
OG: 10: 4 – Sprint Classic 06: 9 – Sprint  
WCh: 13: 9 – Sprint, 11: 2 – Team Sprint Classic, 4 – Sprint, 09: 1 – Sprint, 1 – Team Sprint  
NCh: 08: 1 07: 1  

Golberg, Pål  
Club: Gol IL  
Born: 16.07.90 – Gol  
Residence: Gol  
Height: 185 cm  
Civil Status: Single  
Occupation: Cross Country Skier  
Hobbies: Golf, guitar, trotting  
Favourite music: Rock/pop from the 70’s & 80’s  
Favourite film: Forrest Gump  
Favourite book genre: Conspiracy fiction  
Favourite food: Tacos  
Greatest sports moment: Tiger Woods at the final round of the 2005 US Masters  
Sports idol: Tiger Woods  
Languages spoken: Norwegian and English  
Previous results:  
WCh: 13: 5 – individual classic sprint  
NCh: 13: 1 – individual classic sprint  
Other: 1 WC victory
JesperSEN, chris André
Club: Korlevoll il
Born: 18.10.83 – Haugesund
Residence: Trondheim
Height: 187 cm
Civil Status: Cohabitee
Occupation: Cross Country Skier
Hobbies: Liverpool FC
Favourite music: Avicii
Favourite film: Braveheart
Favourite book genre: Dan Brown
Favourite food: Taco
Greatest sports moment: Norway winning the cross-country relay in 2003
Sports idol: Bjørn Dæhlie
Languages spoken: Norwegian and English

Previous results:
WCh: 13: 32 – 15k Skate
NCh: 13: 2 – 15k Skate

Northug, jr., petter
Club: Strindheim
Born: 06.01.86 – Levangen
Residence: Trondheim
Height: 185 cm
Civil Status: It’s complicated
Occupation: Cross Country Skier & Farmer
Hobbies: Soccer & Oprah
Favourite music: Tyrolean
Favourite film: Shawshank Redemption
Favourite book genre: “Vart går grånsen?” by Gunde Svart
Favourite food: Junk
Greatest sports moment: Beating the local opponent soccer team at extra time 3-2 in 2012
Sports idol: Zlatan
Languages spoken: Norwegian, English and Swedish

Previous results:
OG: 10: 1 – 50k Classic, 1 – Team Sprint

WCh: Winner overall 2009/2010 and 2012/2013
NCh: 8 Victories
**Favourite film:** Warrior
**Favourite food:** Fish – Norwegian Salmon

**Greatest sports moment:** Ruuka triple mini tour

**Sports idol:** Ole Einar Bjørndalen

**Languages spoken:** Norwegian and English

**Previous results:**
- **OG:** 10: 15 – 50k Classic, 18 – Duathlon, 34 – 15k Skate, 2 – Relay
- **WC:** 13: 2 – Duathlon, 11: 3 – 15k Classic, 5 – Duathlon, 1 – Relay, 24 – 50k
- **NCh:** 7 victories
- **WC:** 3 individual victories, 13 podiums

**Other:** Tour de Ski Champion 2013/2014

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**WOMEN**

**Bjørgen, Marit**
- **Club:** Rognes IL
- **Born:** 21.03.80 – Trondheim
- **Residence:** Oslo
- **Height:** 1,66
- **Civil Status:** Cohabitee
- **Occupation:** Cross Country Skier

**Hobbies:** Sports, family, friends, walking in the nature

**Previous results:**
- **OG:** 10: 1 – Sprint, 1 – Duathlon, 1 – Relay, 2 – 30k Classic, 3 – 10k Skate, 06: 2 – 10k Classic, 02: 2 – Relay
- **NCh:** 16 Gold Medals, 7 Silver Medals, 4 Bronze Medals

**Languages spoken:** Norwegian, French and English

**Previous results:**
- **OG:** 10: 6 – Sprint Classic, 5 Team Sprint, Skate
- **WC:** 09: 12 – Sprint Skate
- **NCh:** 12: 2 – Sprint Classic, 09: 1 – Sprint, Skate

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**Brun-Lie, Celine**
- **Club:** Njård
- **Born:** 18.03.88 – Oslo
- **Residence:** Trondheim
- **Height:** 171 cm
- **Civil Status:** Single
- **Occupation:** Cross Country Skier

**Hobbies:** Studying, travelling, mountain hiking, hanging out with friends and family

**Previous results:**
- **OG:** 10: 20 – Sprint
- **WC:** 13: 3 – Sprint, 11: 3 – Team Sprint
- **NCh:** 13: 1 – Sprint, 12: 1 – Sprint, 11: 2 – Sprint, 10: 3 – Sprint, 09: 2 – Sprint

**WC Overall:** 04/05: 1 05/06: 1 11/12: 1

**Other:** 62 individual World-Cup victories

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**Tønseth, Didrik**
- **Club:** Byåsen IL
- **Born:** 10.05.91 – Trondheim
- **Residence:** Trondheim
- **Height:** 178 cm
- **Civil Status:** Engaged
- **Occupation:** Cross Country Skier

**Hobbies:** Drumming

**Favourite music:** Kurt Nilsen

**Favourite book genre:** Biographies

**Favourite food:** Moose

**Greatest sports moment:** My silver medal in NCh 12/13

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**Falla, Maiken Caspersen**
- **Club:** Gjerdrum IL
- **Born:** 13.08.90 – Lørenskog
- **Residence:** Lillehammer
- **Height:** 162 cm
- **Civil Status:** Single
- **Occupation:** Cross Country Skier

**Hobbies:** Friends, sports, shopping

**Favourite music:** Imagine Dragons, hit music

**Favourite book genre:** Historical/realistic fiction, fantasy

**Favourite food:** French & Asian food, Chocolate cake!!

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**Brun-Lie, Celine**
- **Club:** Njård
- **Born:** 18.03.88 – Oslo
- **Residence:** Trondheim
- **Height:** 171 cm
- **Civil Status:** Single
- **Occupation:** Cross Country Skier

**Hobbies:** Studying, travelling, mountain hiking, hanging out with friends and family

**Previous results:**
- **OG:** 10: 1 – Sprint, 1 – Duathlon, 1 – Relay, 2 – 30k Classic, 3 – 10k Skate, 06: 2 – 10k Classic, 02: 2 – Relay
- **NCh:** 16 Gold Medals, 7 Silver Medals, 4 Bronze Medals

**Languages spoken:** Norwegian, French and English

**Previous results:**
- **OG:** 10: 6 – Sprint Classic, 5 Team Sprint, Skate
- **WC:** 09: 12 – Sprint Skate
- **NCh:** 12: 2 – Sprint Classic, 09: 1 – Sprint, Skate

**WC Overall:** 04/05: 1 05/06: 1 11/12: 1

**Other:** 62 individual World-Cup victories
Jacobsen, Astrid Uhrenholdt
Club: IL Heming
Born: 22.01.87 – Trondheim on the Fosen Ferry
Residence: Oslo
Height: 175 cm
Occupation: Cross Country Skier – Medicine Student
Favourite music: Coldplay, Taylor Swift, Laleh
Favourite film: The Notebook
Favourite book genre: Documentary novels
Favourite food: Halibut
Sports idol: Tora Berger
Languages spoken: Norwegian and English
Previous results:
OG: 10 – Team Sprint, 7 – Sprint Classic L
WCh: 11 – Team Sprint, 07: 1 – Sprint Classic, 3 – Team Sprint, 3 – Relay
NCh: 5 individual Gold Medals, 5 Gold Medals Team Sprint/Relay
Other: Bronze NCh'13 Athletics 5000m
Personal records: Athletics: 3000m – 9.40, 5000m – 16.40

Johaug, Therese
Club: IL Nansen
Born: 25.06.88 – Dalsbygda
Residence: Oslo
Height: 162 cm
Occupation: Cross Country Skier
Languages spoken: Norwegian and English
Previous results:
OG: 10 – Relay, 6 – 15k Duathlon, 7 – 30k Classic
Other: Tour de Ski Champion 2013/2014. 5 individual World-Cup victories

Steira, Kristin Størmer
Club: IL Forsåk
Born: 30.04.81 – Mo i Rana
Residence: Oslo
Height: 169 cm
Civil Status: In a relationship
Occupation: Cross Country Skier
Hobbies: Reading, climbing, food and outdoors activity
Favourite music: Radical face, Bon Iver, Kashmir, Band of Horses, Placebo
Favourite film: Lost in translation
Favourite book genre: Novels
Favourite food: Fish
Greatest sports moment: 1996 - Vebjørn Rodal's Olympic Gold 800m track & field
Sports idol: Paula Radcliffe
Languages spoken: Norwegian and English, some German
Previous results:
OG: 10 – 10 km Skate, 4 – 15 km Pursuit, 8 – 30 km Classic, 1 – Relay, 06: 4 – 10 km Classic, 4 – 15 km Pursuit, 4 – 30 km Skate, 5 – Relay
WCh: 13 – 10 km Skate, 4 – 15 km Pursuit, 9 – 30 km Classic, 1 – Relay, 11: 10 – 10 km Classic, 9 – 15 km Pursuit, 5 – 30 km Skate, 1 – Relay, 09: 6 – 10 km Classic, 2 – 15 km Pursuit, 5 – 30 km Skate, 4 – Relay, 07: 3 – 15 km Pursuit, 2 – 30 km Classic, 4 – 10 km Skate, 3 – Relay, 05: 3 – 15 km Pursuit, 9 – 10 km Skate, 1 – Relay, 03: 30 km Skate
NCh: 12 – 4 Gold, 6 Silver and 4 Bronze
Other: Bronze NCh'13 Athletics 5000m
Personal records: Athletics: 3000m – 9.40, 5000m – 16.40

Weng, Heidi
Club: BUL
Born: 20.07.91 – Ytre Enebakk
Residence: Ytre Enebakk
Height: 163 cm
Civil Status: Boyfriend
Occupation: Cross Country Skier
Favourite music: Likes all kinds of music
Favourite film: The Notebook
Favourite book: Likes to read books from Jo Nesbø
Favourite food: Entrecôte, French Fries and Tacos
Greatest sports moment: WCh Val di Fiemme 2013 and the 1st first podium in Lahti 2012
Sports idol: Edvald Boasson Hagen
Languages spoken: Norwegian and English
Previous results:
WCh: 13 – 1 – Relay, 3 – Duathlon
NCh: 13 – 2 – 30k Classic, 12: 3 – 30k Classic, 5 – Duathlon, 1 – Team Sprint Relay
Third consecutive Olympic medal?

During the Olympic Winter Games in Salt Lake City in 2002 more than one million viewers in Norway stayed awake to watch curling during the night. At the centre of all this attention was the Norwegian curling team captained by Pål Trulsen, now sports director and secretary general of the Norwegian Curling Federation. Norway’s Olympic gold medal in 2002 generated a great deal of media interest in addition to Norwegians starting to invade the country’s curling halls. In Vancouver 2010 Team Ulsrud repeated the success with a Norwegian Olympic silver medal.

Curling is a minor sport in Norway. In 2011 the number of official memberships was 2,900 and there were 32 clubs. A few curling venues have been built over the last years, but the majority of clubs are practicing at ice hockey rinks. The lack of venues must be considered a causative factor to the sport not really growing too much.

Curling is a sport that suits the Norwegian spirit and competitive drive. The first attempt to introduce the sport to Norway was around the year 1930 when the first ten curling stone was imported from Scotland to Oppdal. The resistance of challenging existing sports, such as skiing and skating, might be the reason why an introduction did not happen earlier.

It’s an experienced Norwegian team competing in Sochi, and Torger Nergård attends an Olympic competition for his fourth time. The team has achieved three bronze medals and one silver medal at the World Championships. They have been on the podium in the last seven consecutive European Championships, winning the gold medal in 2010 and 2011. In Stavanger 2014 Norway lost against Switzerland in the final on “home ice”.

In Sochi, Thomas Ulsrud will captain the Norwegian team with the ambition to fight for a medal. Ulsrud’s team remains the same as in Vancouver 2010 when they lost in the final against Canada. Only the reserve has been changed. Norway is currently ranked number four in the world behind Canada, Scotland and Sweden.

More info: www.curling.no
Trulsen, Pål
Born: 19.04.62 – Drøbak
Residence: Bærum
Head Coach
2nd OG as Team Official
Won Gold Medal in OG 2002

Moe, Petter Jevnehagen
Born: 21.08.82 – Lillehammer
Residence: Oslo
Coach
1st OG as Team Official

Ulsrud Thomas
Club: Snøen Curling Club
Born: 21.10.11 – Oslo
Residence: Oslo
Height: 185 cm
Civil Status: Married
Occupation: Self-employed
Hobbies: Golf, sports in general
Favourite music: -
Favourite film: Pulp Fiction
Favourite book genre: Crime
Favourite food: Steak
Greatest sport moment: Golf: First time below par in a golf tournament, Curling: Semi final game OG 2010 (Silver Medal)
Sport idol: Zlatan Ibrahimović, Usain Bolt, Pål Trulsen
Languages spoken: Norwegian, English
Previous results:
OG: 10/2
WCh: 2006/3, 2008/3 and 2009/3
NCh: 8
Personal record: 60 meters – 7,9 sec (age 12)

Nergård, Torger
Club: Snøen Curling Club
Born: 12.12.74 – Trondheim
Residence: Oslo
Height: 179 cm
Civil Status: cohabitant with Marianne. 2 daughters; Karine (3,5 years) & Thale (9 months)
Occupation: Engineer
Hobbies: Golf, soccer
Favourite music: -
Favourite film: -
Favourite book genre: -
Favourite food: -
Greatest sport moment: Silver Medal in Vancouver Olympics 2010
Sport idol: Eigil Ramsfjell
Languages spoken: English, some German
Previous results:
OG: 2002/1, 2006/5, 2010/2
NCh: 10
Others: Winning the Continental Cup twice
Personal record: Best 2nd at ECh 2013

Svae, Christoffer
Club: Snøen Curling Club
Born: 21.03.82 – Oslo
Residence: Oslo
Height: 189 cm
Civil Status: Unmarried with roommate girlfriend
Occupation: Curling instructor
Hobbies: Dancing, travelling, party organizing
Favourite music: Hit list
Favourite film: The Avengers
Favourite book genre: Restaurant menus
Favourite food: BBQ
Greatest sport moment: Winning Continental Cup
Sport idol: Michael Flatly (Lord of the Dance)
Languages spoken: Norwegian, English
Previous results:
OG: 10/2
WCh: 2006/3, 2008/3 and 2009/3, 2010/2
NCh: 5
Others: Winning the Continental Cup twice
Personal record: Best 2nd at ECh 2013
Norwegian Figure Skating returns after 50 years

50 years have passed since Norway was represented in Olympic Figure Skating. During the Innsbruck Games in 1964 Anne Karin Dehle and Berit Unn Johansen placed 28th and 30th. In Sochi 20-year-old Anne Line Gjersem will make her Olympic debut. She trains and studies in Malmö, Sweden.

Figure skating is a small sport in Norway with only 250 active athletes. But the sport has long traditions in this land of cold winters. The world famous Norwegian Sonja Henie (1912-1969) dominated the sport of figure skating for more than a decade. She made her debut with an eight place in Chamonix 1924. Then she won the Olympic Gold medal three times in a row: in St Moritz 1928, Lake Placid 1932 and Garmisch-Partenkirchen 1936.

When Sonja achieved her 10th World Championships’ gold medal in Paris 1936 she gave up her amateur status. Her dream was making a film career in Hollywood, and by the end of the decade she was one of Hollywood’s hottest and most popular stars.

Axel Paulsen (1855 – 1938) is another Norwegian who will forever be remembered. He was one of the world’s best speed skaters and talented in figure skating. He is best known for the “Axel jump” which has become one of the most challenging moves in figure skating. This jump is one of the important milestones, which figure skaters strive for. The accomplishment of mastering an Axel jump is one that will last in each skater’s memory forever.

Olympic Rookie Anne Line Gjersem is a result of “The Sonja Henie Project”. This project is a cooperation between the Norwegian Skating Association and the Norwegian Top Sports Centre. The objective of the partnership, on going since 2006, has been to reach the right level of an athlete to compete in Sochi 2014!

More info: www.skoyteforbundet.no
Magnusson, Elżbieta (Ela)
Born: 24.04.64 – Lodz, POL
Residence: Malmö, SWE
Head Coach
1st OG as Team Official

Gjersem, Anne Line
Club: Asker Figure Skating Club, AKK
Born: 06.01.94 – Hønefoss
Residence: Malmö, SWE
Height: 158 cm
Civil Status: Single
Occupation: Figure Skater
Hobbies: Being with friends, reading, dancing
Favourite music: Pop, R&B and Indie rock
Favourite film: The Great Gatsby
Favourite book genre: Books by Nicholas Sparks
Favourite food: Taco
Greatest sport moment: Nebelhorn Trophy, Olympic Qualifying Event
Sport idol: Carolina Kostner - Figure Skater
Languages spoken: Norwegian and English
Comments: First Olympic Games
Previous results:
WCh: 13: 32
ECh: 14: 19
NCh: 11: 1
NCh Jr: 09: 1, 10: 1
Others: 12: 10 / Junior Grand Prix
Personal best total score: 142,87 points

Ten gold medals to be awarded in freestyle

In Sochi ten Gold Medals will be awarded in freestyle's ten branches; five for each gender. Freestyle has thus come a long way in the Olympic Games since its inception as a demonstration sport in Calgary in 1988.

And the Norwegian tradition goes a long way back. Already in 1930, and even before then, cross-country and downhill skiers included acrobatics in their training and play. Ski cross originates from the old competition based on “arriving first down the mountain” – whatever the topography looked like.

In the 1950s, the Norwegian Olympic alpine gold medallist Stein Eriksen, was a driving force in developing the jumping part of freestyle skiing.

Freestyle was for the first time an official sport in the Olympic Program in Albertville 1992, and Norwegian Stine Lise Hattestad won the bronze medal. At the Lillehammer Olympics, two years later, aerials was added to the program and Hilde Synnøve Lid won the bronze medal. Stine Lise Hattestad was this time on top of the podium with her victory in moguls.

Kari Traa has also been very influential, winning bronze in women’s moguls in Nagano in 1998, gold in Salt Lake City four years after, and silver in Torino in 2006. After her retirement from competition she started a project to recruit young talents to freestyle skiing. Hedvig Wessel, the Norwegian participant in moguls in Sochi, has developed from this program.

Ski cross requires strong physical and mental strength. Four athletes are running against each other simultaneously, and you have to go through up to five rounds before the winner is crowned.

In Vancouver 2010 both Hedda Berntsen and Audun Grønvold made it to the podium.

In Sochi slopestyle and halfpipe are new official disciplines and Norway will compete with several medal candidates. Slopestyle takes place in a course with different kinds of obstacles, rails, jumps and quarter-pipes. The challenge is to use these obstacles to their own advantage on the way down by doing different tricks while keeping good flow and style.

More info: www.skiforbundet.no
MOGULS AND SKI CROSS

Skarpaas, Morten  
Born: 21.02.57 – Oslo  
Residence: Oslo  
Team Captain - Moguls and Ski Cross  
1st OG as Team Official  

Koblar, Jernej  
Born: 30.9.71 – Jesenice, SLO  
Residence: Krize, SLO  
Coach  
1st OG as Team Official  
OG 94, 98, 02 as athlete

Grevstad, Lars  
Born: 17.03.56 – Oslo  
Residence: Bærum  
Serviceman - Freestyle and Snowboard  
1st OG as Team Official

Mithassel, Christian  
Club: IL Heming  
Born: 29.09.87 – Oslo  
Height: 181 cm  
Civil Status: Single  
Occupation: Skier  
Hobbies: Sports on tv, football  
Favourite music: Jokke, Metallica  
Favourite book genre: Crime (Jo Nesbø)  
Favourite food: My mothers meatballs  
Greatest sport moment: Magnus Carlsen winning the chess world championship  
Sport idol: Magnus Carlsen, Lasse Kjus  
Languages spoken: Norwegian, English

Witteveen, Einar  
Born: 08.08.61 – Oslo  
Residence: Oslo  
Head coach Ski Cross  
1st OG as Team Official  
World Cup coach Norway alpine skiing, head of Norway alpine skiing

Arna, Andreas  
Born: 31.05.73 – Oslo  
Residence: Asker  
Coach – Ski Cross  
3rd OG as Team Official (one OG in AS)

Lie, Thomas Borge  
Club: Ready  
Born: 25.02.85 – Oslo  
Residence: Oslo  
Height: 182 cm  
Civil Status: Single  
Occupation: Skier  
Hobbies: Surfing, adrenaline addict  
Favourite music: Electronica, house, chillout  
Favourite book genre: Documentaries  
Favourite food: Taco  
Greatest sport moment: X-Games  
Sport idol: Kjetil André Aamodt  
Languages spoken: Norwegian, English  
Previous results:  
NCh: 12: 1 sx

Juell, Didrik Bastian Wikestad  
Club: Ready  
Born: 22.02.90 – Oslo  
Residence: Oslo  
Height: 180 cm  
Civil Status: Single  
Occupation: Skier  
Hobbies: Adrenaline-junkie  
Favourite music: Everything that makes me happy  
Favourite film: American History X

Kantermo, David  
Born: 01.10.81 – Åre, SWE  
Residence: Åre, SWE  
Coach – Moguls  
1st OG as Team Official
**FREESTYLE**

**Favourite book genre:** Crime  
**Favourite food:** Taco  
**Greatest sport moment:** 2nd position WC (first on podium)  
**Sport idol:** Shane McConkey  
**Languages spoken:** Norwegian, English  
**Previous results:**  
NCh: 13: 1 sx, 10: 2 sx  
Other: 10: 1 JWCh

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**WOMEN – SKICROSS**

**Gjøfren, Marte Haie**  
**Club:** Lillehammer skiklubb  
**Born:** 06.03.89 – Lillehammer  
**Residence:** Lillehammer  
**Height:** 169 cm  
**Civil Status:** Unmarried  
**Occupation:** Skier  
**Hobbies:** Football and hiking in the Norwegian mountains  
**Favourite music:** Pinnekjøtt (salted and dried ribs of mutton)  
**Greatest sport moment:** X-Games gold, with two casts on both hands  
**Languages spoken:** English  
**Previous results:**  
OG: 10: 11 sx  
WCh: 11: 8 sx  
Other: 12: 1X-Games

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**WOMEN – MOGULS**

**Wessel, Hedvig**  
**Club:** IL Heming and Kari Traa Skilag  
**Born:** 25.08.95 – Oslo  
**Residence:** Oslo  
**Height:** 162 cm  
**Civil Status:** Single  
**Occupation:** Student  
**Hobby:** Water sports  
**Favourite music:** Keep your head up by Ben Howard  
**Favourite film:** Lion’s King  
**Favourite book genre:** The Harry Potter-books  
**Favourite food:** Sushi  
**Greatest sport moment:** When I won my first EC-competition 14 years old.  
**Sport idol:** Kari Traa  
**Languages spoken:** Norwegian, English  
**Previous results:**  
JWCh: 13: 5 in moguls, 12: 6 in moguls  
WC: 12: 8 in Kreischberg

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**SLOPESTYLE**

**Frankum, Christopher**  
**Born:** 05.03.86 – Swindon, GBR  
**Residence:** Oslo  
**Manager & head coach freeski 1st OG as Team Official**

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**MEN – SLOPESTYLE**

**Aurdal, Aleksander**  
**Club:** IL Heming  
**Born:** 25.03.88 – Bodø  
**Residence:** Oslo  
**Height:** 178 cm  
**Civil Status:** Single  
**Occupation:** Skier  
**Hobby:** Skiing  
**Favourite music:** Rap, electronica, reggae  
**Favourite film:** Supervention by Field Productions  
**Favourite book genre:** Crime  
**Favourite food:** Burger, sufté  
**Greatest sport moment:** Norway-Brazil 2-1, World Cup football 1988  
**Sport idol:** Floyd Mayweather, Tiger Woods  
**Languages spoken:** Norwegian, English  
**Previous results:**  
WCh: 11: 7/slopestyle  
NCh: 11:1/slopestyle  
Others: 12: 7/Dew Tour slopestyle
Hunder, Per Kristian
Club: Lillehammer Skiklubb
Born: 28.04.89 – Lillehammer
Residence: Oslo
Height: 179 cm
Civil Status: Single
Occupation: Skier
Hobby: Golf
Favourite music: Hard core gangster rap
Favourite film: Happy feet
Favourite book genre: Biographies
Favourite food: Sushi
Greatest sport moment: When Tiger Woods sunk the chip at Memorial
Sport idol: -
Languages spoken: Norwegian, English
Previous results:
Others: 7 medals X-Games and Dew Tour

Bråten, Øystein
Club: Torpo IL
Born: 21.07.95 – Ringen
Residence: Norge
Height: 179 cm
Civil Status: Single
Occupation: Skier
Hobbies: Skateboarding, tennis
Favourite music: Hip Hop
Favourite film: Max Manus
Favourite book genre: Crime
Favourite food: Indian
Greatest sport moment: -
Sport idol: Paul Rodriguez
Languages spoken: Norwegian, English
Previous results:
WCh jr: 12: 2
WC: 12: 3 Austrian Open

Håtveit, Andreas
Club: Geilo IL
Born: 09.07.86 – Kongsberg
Residence: Suldalen
Height: 186 cm
Civil Status: Married
Occupation: Skier
Hobbies: Skiing, fishing, guitar playing
Languages spoken: Norwegian, English
Previous results:
WCh jr: 12: 2
WC: 12: 3 Austrian Open

Christiansen, Tiril Sjåstad
Club: Geilo IL
Born: 07.04.95 – Ringerike
Residence: Lillehammer
Height: 167 cm
Civil Status: Single
Occupation: Skier
Hobbies: Horseback riding, cross-country skiing
Favourite music: R & B pop, hip hop
Favourite film: Green Mile
Favourite book genre: Biographies
Favourite food: Asian
Greatest sport moment: When I won X-Games
Sport idol: Bobby Brown, Aksel Lund Svindal
Languages spoken: Norwegian, English, German, Swedish
Comments: Get ready for Sjåstad Christiansen
Previous results:
WCh: 11: 8/slopestyle, 13: 11/slopestyle
Others: 13: 1 Aspen X-Games, 2 European X-Games, 1 WC Silva Plana, 1 WC New Zealand, 1 New Zealand Open

Lindstad, Jon Anders
Club: Freidig
Born: 04.07.94 – Beverly GB
Residence: Trondheim
Height: 179 cm
Civil Status: Single
Occupation: Free skier
Hobbies: Windsurfing, tennis and sports in general
Favourite music: Rock, indie rock, rap and hip hop
Favourite film: Good Will Hunting
Favourite book genre: Biographies
Favourite food: Indian food
Greatest sport moment: The next one is the best one
Sport idol: Simon Dumont and Sarah Burke
Languages spoken: Norwegian, English and German
Previous results:
WCh: 13: 15 halfpipe
Other: 14: 6 WC halfpipe Calgary
The reigning Olympic champions awaits in the opening match

For the 11th time Norway has qualified for the Olympics in ice hockey. The very first time was as a host nation in 1952 despite the fact that the sport has been part of the Olympic programme since the Summer Olympics in Antwerp 1920. Of the 61 matches played Norway has won 14, drawn five and lost 42. In Sochi Norway will play the opening match against the reigning Olympic Champions Canada on February 13.

Ice hockey first came to Norway in the interwar years. “Trygg” was the first club, founded in 1932. The first showcase match between two Norwegian teams took place a year later in front his Royal Highness King Haakon VII and 12,000 spectators during the World Skating Championships in Trondheim. The Norwegian Ice Hockey Association was founded in 1934 with representatives from ten different clubs.

Norway’s World Championships debut was in London in 1937. The team was beaten 7-0 by Czechoslovakia. Since then Norway has competed in 28 World Championships, and for the eighth year running, Norway has qualified for the World Championships’ top division, which will be played in Belarus in May. Even though ice hockey is the second most popular team event in Norway after football regarding spectators, it is still a minor sport.

There are currently almost 12,000 members of the Norwegian Ice Hockey Association. There are only 45 indoor rinks in the country in total and only two north of Trondheim. The first indoor arena in Northern Norway opened in Tromsø in 2010.

Of the 25 players at the Norwegian Olympic ice hockey team ten are playing in Sweden, eight in Norway, two in Russia and the United States and one in Belarus, Finland and Germany. Mats Zuccarello (New York Rangers, NHL) and Patrick Thoresen (SKA St Petersburg, KHL) are currently the hottest Norwegian stars.

More info: www.hockey.no
ATHLETES

GOALIES

Haugen, Lars
Club: Dinamo Minsk, BLR
Previous clubs: Vålerenga, Manglerud/Star, Leksand, Sparta Sarpsborg, Lørenskog, Shakhtar Soligorsk, Yunost Minsk
Born: 19.03.87 – Oslo
Residence: Oslo, Minsk, BLR
Height: 184 cm
Civil Status: Single
Occupation: Hockey player
Hobbies: Movies, books and languages
Favourite music: Rock and Hip/Hop
Favourite film: Forrest Gump/ The Dark Knight
Favourite book genre: Thriller Fiction/ Biographies
Favourite food: Salmon, steak
Greatest sport moment: Won the Div 1 Championship with U-18 and U-20
Sport idol: Jim Marthinsen and Bjørn Dæhlie
Languages spoken: Norwegian, English, Swedish
Previous results:
WCh: 2013: 10
NCh: 2
Official matches for Norway (OG and WCh): 14 (debut 04.05.12 vs. SWE)

Seberg, Steffen Kent
Club: Vålerenga IF
Previous clubs: Manglerud/Star, Vålerenga
Born: 06.08.93 – Oslo
Residence: Oslo
Height: 180 cm
Civil Status: -
Occupation: Hockey player
Hobby: Golf
Favourite music: Rock
Favourite film: Rambo First blood
Favourite book genre: -
Favourite food: Steak
Greatest sport moment: Drafted by Washington Capitals and promoted with U-20 National team
Sport idol: -
Languages spoken: Norwegian, English
Previous results:
WCh: 2013: 10
NCh: 2
Official matches for Norway (OG and WCh): 1 (debut 08.05.13 vs. SWE)

DEFENDERS

Bonsaksen, Alexander
Club: Vålerenga IF
Previous clubs: Modo, Sundsvall, Rögle
Born: 24.01.87 – Oslo
Residence: Oslo
Height: 180cm
Civil Status: In a relationship
Occupation: Hockey player
Hobbies: Golf, tennis, soccer
Favourite music: I listen to everything
Favourite film: Gladiator
Favourite book genre: -
Favourite food: Norwegian Christmas food
Greatest sport moment: Promotion to SHL with Rögle in 2011/12
Sport idol: Bård Sørlie, Roger Federer

Volden, Lars
Club: Espoo Blues, FIN
Previous clubs: Manglerud/Star, Stavanger, Jokipojat

Jøstne, Tom
Born: 08.03.66 – Gjøvik
Residence: Lillehammer
Video Analysis
2nd OG as Team Official

Glosli, Bjørn
Born: 14.09.50 – Fredrikstad
Residence: Fredrikstad
Equipment
1st OG as Team Official

Karlsson, Nicklas
Born: 26.05.73 – Eskilstuna, SWE
Residence: Luganoa, SUI
Equipment
1st OG as Team Official

Søberg, Steffen Kent
Club: Vålerenga IF
Previous clubs: Manglerud/Star, Vålerenga
Born: 06.08.93 – Oslo
Residence: Oslo
Height: 180 cm
Civil Status: -
Occupation: Hockey player
Hobby: Golf
Favourite music: Rock
Favourite film: Rambo First blood
Favourite book genre: -
Favourite food: Steak
Greatest sport moment: Drafted by Washington Capitals and promoted with U-20 National team
Sport idol: -
Languages spoken: Norwegian, English
Previous results:
WCh: 2013: 10
NCh: 2
Official matches for Norway (OG and WCh): 1 (debut 08.05.13 vs. SWE)

Bonsaksen, Alexander
Club: Vålerenga IF
Previous clubs: Modo, Sundsvall, Rögle
Born: 24.01.87 – Oslo
Residence: Oslo
Height: 180cm
Civil Status: In a relationship
Occupation: Hockey player
Hobbies: Golf, tennis, soccer
Favourite music: I listen to everything
Favourite film: Gladiator
Favourite book genre: -
Favourite food: Norwegian Christmas food
Greatest sport moment: Promotion to SHL with Rögle in 2011/12
Sport idol: Bård Sørlie, Roger Federer

Volden, Lars
Club: Espoo Blues, FIN
Previous clubs: Manglerud/Star, Stavanger, Jokipojat

Jøstne, Tom
Born: 08.03.66 – Gjøvik
Residence: Lillehammer
Video Analysis
2nd OG as Team Official

Glosli, Bjørn
Born: 14.09.50 – Fredrikstad
Residence: Fredrikstad
Equipment
1st OG as Team Official

Karlsson, Nicklas
Born: 26.05.73 – Eskilstuna, SWE
Residence: Luganoa, SUI
Equipment
1st OG as Team Official

Søberg, Steffen Kent
Club: Vålerenga IF
Previous clubs: Manglerud/Star, Vålerenga
Born: 06.08.93 – Oslo
Residence: Oslo
Height: 180 cm
Civil Status: -
Occupation: Hockey player
Hobby: Golf
Favourite music: Rock
Favourite film: Rambo First blood
Favourite book genre: -
Favourite food: Steak
Greatest sport moment: Drafted by Washington Capitals and promoted with U-20 National team
Sport idol: -
Languages spoken: Norwegian, English
Previous results:
WCh: 2013: 10
NCh: 2
Official matches for Norway (OG and WCh): 1 (debut 08.05.13 vs. SWE)
Languages spoken: Norwegian, English, Swedish
Previous results:
OG: 2010: 10
WCh: 2009: 11, 2010: 9, 2011: Quarter Final (6), 2012: Quarter Final (8), 2013: 10
NCh: 2005/06, 2006/07, 2008/09
Official matches for Norway (OG and WCh): 41 (debut 05.02.09 vs. KAZ)

Høst, Jonas
Club: Lokomotiv Yaroslavl, RUS
Previous clubs: Sparta Sarpsborg, Färjestad, Colorado Avalanche, Lake Erie Monsters, Växjö Lakers
Born: 27.08.87 – Sarpsborg
Residence: Yaroslavl, RUS
Height: 189 cm
Civil Status: Cohabitant
Occupation: Ice hockey player
Hobby: -
Favourite music: Paperboys
Favourite film: “Flåklypa Grand Prix” (1975)
Favourite book genre: Crime
Favourite food: Taco
Greatest sport moment: Swedish Champion
Sport idol: -
Languages spoken: Norwegian, English, Swedish

Solberg, Henrik
Club: Stavanger Oilers
Previous clubs: Lillehammer, Trondheim
Born: 15.04.87 – Trondheim
Residence: Stavanger
Height: 189 cm
Civil Status: Cohabitant
Occupation: Hockey player
Hobby: -
Favourite music: -
Favourite film: -
Favourite book genre: -
Favourite food: Tenderloin
Greatest sport moment: Thor Hushovd - Tour de France 2011, WCh 2010
Sport idol: Roar Strand
Languages spoken: Norwegian, English
Previous results:
WCh: 2010: 9, 2012: Quarter Final (8), 2013: 10
NCh: 2009/10, 2011/12, 2012/13
Official matches for Norway (OG and WCh): 18 (debut 09.05.10 vs. SWE)

Servik, Daniel
Club: Vålerenga IF
Previous club: Furuset
Born: 11.03.90 – Oslo
Residence: Rasta
Height: 183 cm
Civil Status: Girlfriend
Occupation: Hockey player
Hobby: Sport
Favourite music: Heavy Metal, Metallica
Favourite film: Die Hard
Favourite book genre: Fantasy
Favourite food: Pizza
Sport idol: Niklas Lidström
Languages spoken: Norwegian, English
Previous results:
WCh: 2013: 10
Official matches for Norway (OG and WCh): 6 (debut 04.05.13 vs. SLO)

Trygg, Mats
Club: Lørenskog IK
Previous clubs: Spektrum Flyers, Manglerud/Star, Færjestad, Iserlohn Roosters, Kölner Haie, Hamburg Freezers, HV71
Born: 01.06.76 – Oslo
Residence: Oslo
Height: 179 cm
Civil Status: Girlfriend
Occupation: Hockey player
Hobbies: Fishing, sports
Favourite music: Anything goes
Favourite film: Wedding Crashers
Favourite book genre: Autobiography
Favourite food: Steak

Tøllefson, Ole-Kristian
Club: Førjestad BK, SWE
Previous clubs: Lillehammer, Brandon Wheat Kings, Syracuse Crunch, Dayton Bombers, Columbus Blue Jackets, Grand Rapids Griffins, Modo
Born: 29.03.84 – Oslo

Residence: Karlstad, SWE
Height: 187 cm
Civil Status: Married, two kids
Occupation: Hockey player
Hobbies: Golf and other sports
Favourite music: Classic rock
Favourite film: Inception
Favourite book genre: Crime
Favourite food: Steak
Greatest sport moment: Olympics in Lillehammer 94, my own is my first NHL game with Columbus Blue Jackets.
Sport idol: Henrik Stenson
Languages spoken: Norwegian, English
Previous results:
OG: 2010: 10
WCh: 2005 1 (Div. 1), 2010: 9, 2011: Quarter Final (6), 2012: Quarter Final (8), 2013: 10
NCh Jr: Gold medal with NTG Lillehammer
Official matches for Norway (OG and WCh): 36 (debut 12.04.04 vs. NED)
Greatest sport moment: Vancouver Olympics
Sport idol: Diego Maradona
Languages spoken: Norwegian, English, German
Previous results:
OG: 2010: 10
Official matches for Norway (OG and WCh): 112 (debut 06.02.97 vs. KAZ)

FORWARDS

Ask, Morten
Club: Vålerenga IF
Previous clubs:
Born: 14.05.80 – Oslo
Residence: Oslo
Height: 183 cm
Civil Status: Married
Occupation: Hockey player
Hobbies: Golf, tennis
Favourite music: Rock and House
Favourite book genre: Biography
Favourite food: Sushi, Steak
Languages spoken: Norwegian, English, German
Previous results:
NCh: 4 x Gold Medals
Official matches for Norway (OG and WCh): 72 (debut 08.02.01 vs. GER)

Bastiansen, Anders
Club: Färjestad, SWE
Born: 31.10.80 – Asker
Residence: Karlstad, SWE
Height: 190 cm
Civil Status: Cohabitant
Occupation: Hockey player
Hobby: Golf
Favourite music: Listen to almost everything
Favourite film: Man on Fire
Favourite book genre: Jo Nesbø
Favourite food: Pizza
Greatest sport moment: Swedish Champ. with Färjestad
Sport idol: Mario Lemieux
Languages spoken: Norwegian, English
Previous results:
OG: 2010: 10
WCh:
NCh: 1 Gold Medal
Swedish Champion: 2 Gold Medals
Official matches for Norway (OG and WCh): 71 (debut 11.11.04 vs. CHN)

Dahlgren, Robin
Club: Örebro, SWE
Born: 29.01.88 – Oslo
Residence: Örebro, SWE
Height: 183 cm
Civil Status: Cohabitant
Occupation: Hockey player
Hobby: Sports
Favourite music: Hip Hop, House
Favourite film: -
Favourite book genre: Thriller
Favourite food: Steak
Greatest sport moment: Gold Medal Norwegian Championship 2011
Sport idol: -
Languages spoken: Norwegian, English
Previous results:
WCh: 2013: 10
NCh: Gold Medal 2011, Silver Medal 2008
Official matches for Norway (OG and WCh): 5 (debut 07.05.13 vs. CAN)

Forsberg, Kristian
Club: Modo Hockey, SWE
Previous clubs: Furuset, Storhamar
Born: 05.05.86 – Oslo
Residence: Örnsköldsvik, SWE
Height: 184 cm
Civil Status: Girlfriend
Languages spoken: Norwegian, English
Previous results:
WCh:
NCh: Gold Medal 2011, Silver Medal 2008
Official matches for Norway (OG and WCh): 14 (debut 03.05.08 vs. SVK)
**Hansen, Mads**

Club: Storhamar Dragons
Previous clubs: Manglerud/Star, Vålerenga, Hammarby, Oskarshamn, Brynäs
Born: 16.09.78 – Oslo
Residence: Hamar
Height: 186 cm
Civil Status: Married
Occupation: Hockey player
Hobby: Golf
Favourite music: Hip Hop
Favourite film: Shawshank Redemption
Favourite book genre: Thriller
Favourite food: Steak
Greatest sport moment: Olympics in Vancouver 2010
Sport idol: Alexander Bonsaksen
Languages spoken: Norwegian, English, Swedish
Previous results:
OG: 2010: 10
NCh: Gold Medal 2008
Official matches for Norway (OG and WCh): 51 (debut 28.04.07 vs. SVK)

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**Holtet, Marius**

Club: Färjestad BK, SWE
Previous clubs: BIK Karlsga, Skåre BK, Houston Aeros, Louisiana IceGators, Iowa Stars
Born: 31.08.84 – Hamar
Residence: Karlstad, SWE
Height: 186 cm
Civil Status: Married
Occupation: Hockey player
Hobby: Golf
Favourite music: Random
Favourite film: Braveheart
Favourite book genre: Crime
Favourite food: Fermented Trout
Greatest sport moment: Swedish Gold Medal 2011
Sport idol: Rafael Nadal
Languages spoken: Norwegian, English, Swedish
Previous results:
WCh: 2010: 9, 2011: Quarter Final (6), 2012: Quarter Final (8), 2013: 10
NCh: 1 x Gold Medal
Official matches for Norway (OG and WCh): 28 (debut 09.05.10 vs. SWE)

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**Olimb, Ken André**

Club: Düsseldorf EG, GER
Previous clubs: Vålerenga, Frisk Asker, Leksand, BIK Karlsga
Born: 21.01.89 – Oslo
Residence: Düsseldorf, GER
Height: 178 cm
Civil Status: Girlfriend
Occupation: Hockey player
Hobbies: Golf, tennis
Favourite music: Michael Jackson
Favourite film: -
Favourite book genre: Crime
Favourite food: Sushi and taco
Greatest sport moment: Swedish Gold Medal 2011
Sport idol: Rafael Nadal
Languages spoken: Norwegian, English
Previous results:
WCh: 2010: 10
OG: 2010: 10
NCh: 2 x Gold Medals
Official matches for Norway (OG and WCh): 47 (debut 28.04.07 vs. SVK)

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**Olsen, Mats Roseli**

Club: Frölunda Indians, SWE
Previous clubs: Furuset, Vålerenga
Born: 29.04.91 – Oslo
Residence: Oslo
Height: 180 cm
Civil Status: Single
Occupation: Hockey player
Hobby: Football
Favourite music: RnB, House
Favourite film: The Shawshank Redemption
Favourite book genre: Biographies
Favourite food: Steak
Greatest sport moment: NCh Gold Medal with Vålerenga and quarter finals in the WCh
Sport idol: Lasse Kjus
Languages spoken: Norwegian, English
Previous results:
OG: 2010: 10
NCh: 2 x Gold Medal
Official matches for Norway (OG and WCh): 28 (debut 09.05.10 vs. SWE)
**Roest, Niklas**

**Club:** BIK Karlskoga, SWE  
**Previous clubs:** Manglerud/Star, Sparta Sarpsborg  
**Born:** 03.08.86 – Oslo  
**Residence:** Karlstad, SWE and Sarpsborg  
**Height:** 173 cm  
**Civil Status:** Girlfriend  
**Occupation:** Hockey player  
**Hobby:** Sports

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 7 (debut 04.05.12 vs. SWE)

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**Reyremark, Martin**

**Club:** Färjestad BK, SVE  
**Previous clubs:** Manglerud/Star, Sparta Sarpsborg, Frölunda, Timrå  
**Born:** 10.11.86 – Oslo  
**Residence:** Karlstad, SWE  
**Height:** 184 cm  
**Civil Status:** Girlfriend  
**Occupation:** Hockey player  
**Hobby:** Sports

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 7 (debut 04.05.13 vs. SWE)

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**Roest, Niklas**

**Club:** BIK Karlskoga, SWE  
**Previous clubs:** Manglerud/Star, Sparta Sarpsborg  
**Born:** 03.08.86 – Oslo  
**Residence:** Karlstad, SWE and Sarpsborg  
**Height:** 173 cm  
**Civil Status:** Girlfriend  
**Occupation:** Hockey player  
**Hobby:** Sports

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 7 (debut 04.05.12 vs. SWE)

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**Reyremark, Martin**

**Club:** Färjestad BK, SWE  
**Previous clubs:** Manglerud/Star, Sparta Sarpsborg, Frölunda, Timrå  
**Born:** 10.11.86 – Oslo  
**Residence:** Karlstad, SWE  
**Height:** 184 cm  
**Civil Status:** Girlfriend  
**Occupation:** Hockey player  
**Hobby:** Sports

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 7 (debut 04.05.13 vs. SWE)

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**Skrøder Per-Åge**

**Club:** Modo Hockey, SWE  
**Previous clubs:** Sparta Sarpsborg, Lillehammer, Frölunda, Linköping, HV71, Södertälje, Modo  
**Born:** 04.08.78 – Sarpsborg  
**Residence:** Örnsköldsvik, SWE  
**Height:** 180 cm  
**Civil Status:** Married - 3 Children  
**Occupation:** Hockey player  
**Hobby:** Golf

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 48 (debut 26.04.08 vs. SVK)

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**Thoresen, Patrick**

**Club:** SKA St Petersburg, RUS  
**Previous clubs:** Storhamar, Moncton Wildcats, Baie-Comeay Drakkar, Mörrums GoIS, Djurgården, EC Salzburg, Edmonton Oilers, Wilkes-Barre Scranton Penguins, Sprinfield Falcons, Philadelphia Flyers, Salvat Yulaev Ufa  
**Born:** 07.11.83 – Oslo  
**Residence:** Norsk  
**Height:** 180 cm  
**Civil Status:** Married  
**Occupation:** Hockey player  
**Hobby:** Golf

**Great sport moment:** Reach the Quarter Final in the WCh in Stockholm 2012  
**Sport idol:** Zinedine Zidane, Michael Jordan  
**Languages spoken:** Norwegian, English  
**Previous results:**  
OG: 2010: 10  
WCh: 2012: Quarter Final (8), 2013: 10  
**Official matches for Norway (OG and WCh):** 61 (debut 12.04.04 vs. SVK)
ICE HOCKEY

Zuccarello, Mats
Club: New York Rangers NHL, USA
Previous clubs: Frisk Asker, Modo Connecticut Whale, Metallurg Magnitogorsk
Born: 01.09.87 – Oslo
Residence: USA-NYC and Oslo
Height: 172 cm
Civil Status: Single
Occupation: Hockey player
Hobbies: Golf, tennis
Favourite music: Lumineers
Favourite film: Gladiator
Favourite book genre: Zlatan
Favourite food: Taco
Greatest sport moment: Olympic Games Vancouver 2010
Sport idol: Peter Forsberg
Languages spoken: Norwegian, English, Swedish
Previous results:
OG: 2010: 10
WCh: 2008: Quarter Final (8), 2009: 11, 2010: 9
NCh: 2 x Gold Medals
Others: 2009/10: SHL Most points by foreigner (64), SHL Most valuable player “Gold Helmet”, 2011/12: AHL All-star Game
Official matches for Norway (OG and WCh): 26 (debut 03.05.08 vs. SVK)

Olden, Sondre
Club: Vålerenga Hockey
Previous clubs: Manglerud/Star, Modo, Erie Otters
Born: 29.08.92 – Oslo
Residence: Oslo
Height: 194 cm
Civil Status: Single
Occupation: Hockey player
Hobbies: Golf, skiing
Favourite music: Avicii
Favourite film: Stepbrothers
Favourite book genre: I don’t read books
Favourite food: Taco
Greatest sport moment: When I got drafted and selected to the Olympics
Sport idol: Peter Forsberg and Evgeni Malkin - ice hockey players
Languages spoken: Norwegian, English
Previous results:
NCh: 1 x Gold Medal
Others: Drafted to Toronto Maple Leafs.
Official matches for Norway (OG and WCh): 0

LUGE

Luge – a sport with traditions in Norway

Norway has a long tradition in luge, and in the 1920s it was even considered to be one of the most popular sports in the country. Anton Salvesen was the first Norwegian World Champion in luge in 1955, when the competition was held in Oslo. In the last decades the sport’s popularity has decreased, but the trend seems to be shifting with an increased number of athletes recruited.

Luge was included in the Olympic Program for the first time in 1964 in Innsbruck. Those Games are so far the most successful for the Norwegian Luge Federation with Rolf Gregers Strom placing fourth.

The Norwegian team consists of three childhood friends from Oslo having developed in fierce competition with each other. This has led to Jo Alexander Koppang being one of the fastest to start in the world. Thor Haug Nørbech is also a fast starter and might even be better when it comes to accelerating down the track and utilising the G-force. Tønnes Stang Rolfsen’s strength is in finding the best lines in the track.

More info: www.nabsf.no

SANKI SLIDING CENTER / Olympic Capacity — 5,000
Sanki Sliding Center’s highest point at the start line is 836 meters above sea level, its lowest point is at 704 meters above sea level, and the finish line is 711.5 meters above sea level. The 1184-meter course, which features 17 curves, is the longest and among the safest in the world, with three ascent sections. (SOCHI 2014)
Walden, Bengt
Born: 16.04.1973 – Nacka, SWE
Residence: Lake Placid, USA
Head Coach
1st OG as Team Official

Kristiansen, Arnfinn
Born: 10.12.71 – Oslo
Residence: Oslo
Physical coach
1st OG as Team Official
OG participant 98, 2002, bob

Wedge, Pia
Born: 16.05.71 – Oslo
Residence: Nesodden
Sports Chief
1st OG as Team Official
OG participant 1994

Rolfson, Tønnes Stang
Club: Akeforeningen i Oslo
Born: 21.01.88 – Oslo
Residence: Oslo
Height: 186 cm
Civil Status: Single
Occupation: Student
Hobbies: Golf, volleyball
Favourite music: A bit of everything
Favourite film: Forrest Gump
Favourite book genre: Crime, novels
Favourite food: Taco
Greatest sport moment: Cross country
WC Oslo 2012
Sport idol: Armin Zöggeler
Languages spoken: English, a little German
Previous results:
WCh: 12: 28
ECh: 13: 21

Koppang, Jo Alexander
Club: Akeforeningen i Oslo
Born: 10.07.88 – Oslo
Residence: Oslo
Height: 180 cm
Civil Status: Single
Occupation: Student/athlete
Hobbies: Skiiing, volleyball, film
Favourite music: Metallica
Favourite film: Snatch
Favourite book genre: Crime
Favourite food: Pasta
Languages spoken: Norwegian, English
Previous results:
WCh: 13: 11
ECh: 13: 16

Nørbech, Thor Haug
Club: Akeforeningen i Oslo
Born: 29.12.88 – Oslo
Residence: Oslo
Height: 175 cm
Civil Status: Single
Occupation: Athlete
Hobbies: Film, books, football, volleyball
Favourite music: Rock, chill out
Favourite film: Pulp Fiction
Favourite book genre: Crime, science fiction
Favourite food: Pasta/pizza
Greatest sport moment: Norway’s 2-1 win over Brazil football-WC 1988
Sport idol: Ole Gunnar Solskjær
Languages spoken: English
Previous results:
WCh: 13: 22
ECh: 13: 16
Strong Nordic Combined athletes ready for Sochi

The Norwegian Nordic Combined Team going to the Olympics in Sochi is maybe the strongest ever in modern times. This season the team has performed great from the very beginning and Norway is top of the Nations Cup with 571 points ahead of Germany. At the recent World Cup in Chaux Neuve, Norway took the entire 346 total points with a triple victory and another three athletes in the top nine. Never before has one nation gained so many points in a single contest.

Every single athlete in the Norwegian Nordic Combined Team has had at least one individual podium appearance so far this season. After 12 World Cup races so far this season Norway’s results are 15 individual podiums and four Team Competition podiums.

Jørgen Graabak and Magnus Krog are strong and are also aiming for individual medals.

Nordic Combined has long traditions. The sports discipline is often referred to as Norway’s show-off sport due to the combination of ski jumping and cross-country skiing. But unfortunately Norway has not won any individual or team gold medals since the Olympics in Nagano in 1998. Bjarte Engen Vik’s results in Nagano showed he is one of the greatest Nordic Combined athletes of all time.

With no Olympic gold medals for 14 years the Nordic Combined squad is focused on winning and continuing the strong traditions of the sport in the Olympics in Sochi. It’s time to win the gold and take it back home to Norway again!

More info: www.skiforbundet.no
Seljeset, Johnny Ståle  
Born: 15.05.72 – Ålesund  
Residence: Hornindal  
Waxing Personnel  
3rd OG as Waxing Personnel

Enger, Erling Rolland  
Born: 29.12.79 – Kongsberg  
Residence: Hokksund  
Waxing Personnel  
1st OG as Waxing Personell

Kokslie, Mikko  
Club: Søre Al Idrettslag  
Born: 10.03.83 – Lillehammer  
Residence: Lillehammer  
Height: 186 cm  
Civil Status: Single  
Occupation: Nordic Combined Athlete  
Hobbies: Backcountry Skiing, Scuba diving, golf, hiking  
Favourite music: Reggae, Rock, Singer/songwriter  
Favourite film: One Flew Over the Cuckoo’s Nest  
Favourite book genre: Lifestyle, philosophy  
Favourite food: Seafood  
Greatest sports moment: 1st WC Victory 04.12.10 at Lillehammer and AC Milan vs. Liverpool, Champions League 2005 Istanbul  
Sports idol: Michael Jordan  
Languages spoken: Norwegian, Finnish, English and a bit German  
Previous results:  
OG’10: 39 – Gunderson LH 10k, 32 – Gunderson NH 10k  
WCh’11: 3 – Team 09: 3 – Team  
NCh: 5 individual gold medals  
WC: 5 victories

Moan, Magnus Hovdal  
Club: Byåsen IL  
Born: 26.08.85 – Lillehammer  
Residence: Trondheim  
Height: 190 cm  
Civil Status: Married  
Occupation: Athlete  
Hobbies: Skiing, hiking, golf, biking, motorbikes  
Favourite music: Hellbillies, Metallica  
Favourite food: Fish  
Greatest sports moment: First world cup victory, Gold medal team Oberstdorf 2005  
Sports idol: Susann Pettersen  
Languages spoken: Norwegian, English  
Previous results:  
OG’06: 2 – Sprint 7.5k, 3 – Individual Gunderson 15k  
WCh’09: 3 – Team, 07: 2 – Sprint, 3 – Individual Gunderson. 05: 1 – Team Silver, 2 – Sprint  
NCh: 5 times Norwegian Champion  
WC: 14 victories

Krog, Magnus  
Club: Høydalsmo IL  
Born: 19.03.87 – Porsgrunn  
Residence: Trondheim  
Height: 187 cm  
Hobbies: Skitouring, slope style skiing, fishing  
Favourite music: Pop, RnB  
Favourite film: Avatar  
Favourite book genre: Jo Nesbø - Crime  
Favourite food: Taco  
Greatest sports moment: Winning in Kuusamo in 2011  
Sports idol: Gregor Schlierenzauer, Tom Wallisch, Torstein Horgmo, Zlatan Ibrahimovic  
Languages spoken: Norwegian, English, German  
Previous results:  
WCh’13: 10 – K95,10k Gunderson, 2 – K95, 4x5k Team  
NCh’13: 1  
Personal records: 145 m Kuusamo.  
Freshwater trout - 3 Kilos.  
Nordic Combined

Klemetsen, Håvard
Club: Kautokeino IL
Born: 05.01.79 – Kautokeino
Residence: Trondheim
Height: 181 cm
Civil Status: Cohabitant
Occupation: Nordic Combined athlete
Hobbies: Football, hunting, snooker, sports in general
Favourite music: Bruce Springsteen
Favourite film: Kill Buljo and Død snø
Favourite book genre: Good and interesting biographies
Favourite food: My Mother’s Pizza

Graabak, Jørgen Nyland
Club: Byåsen IL
Born: 26.04.1991 – Trondheim
Residence: Trondheim
Height: 185 cm
Civil Status: Single
Occupation: Nordic Combined Athlete
Hobbies: Hiking, football, reading
Favourite music: EMINEM, Volbeat
Favourite film: Shawshank redemption
Favourite book genre: Pop-science, thriller
Favourite food: Tacos

Greatest sports moment: Michael Phelps, Beijing 2008, 8 gold medals
Sports idol: Aksel Lund Svindal
Languages spoken: Norwegian, English, Sami and a bit German

Previous results:
OG’06: 20 – Sprint, 40 Individual
WCh’13: 2 – Team, 5 – Individual
Gundersen 11: Two bronze medals Team, 4 – Individual Gundersen. 07: 3 – Team, 05: 1 – Team.
NCh: 2 golds and 10 individual medal

Women to compete for the first time in Olympics

In Norway there are always high expectations for the Norwegian ski jumpers, and they are known for performing at a high level in a Championship. Besides from the Olympics in Vancouver, when they only won a bronze medal in the team competition, there are many great wins. Anders Bardal’s victory in the normal hill at the World Championships in Val di Fiemme last season is one example. Bardal also won the World Cup overall in the 2011/2012 season. An impressive achievement, and he is a strong contender for medals in Sochi.

Anders Jacobsen is back after injuring his knee in Planica last season. He has convincingly improved and the former winner of the Four hills tournament will therefore be one of the contenders in the Olympics in Sochi. In addition there are several athletes in the squad who can make it to the top having done strong preparations and a lot of hard work and dedication over the recent seasons.

Head coach Alexander Stöckl has gained a lot of praise after he started his job in 2011. The 40-year-old Austrian has become very popular in Norway.

From Jacob Tulin Thamshavn’s victory in 1924, and until Norway’s home games in Oslo in 1952, the Norwegians were dominating the sport. Birger Ruud is maybe the greatest Olympic legend of them all. In modern Olympic history Espen Bredesen’s gold and silver medals that he won on home soil at the Lillehammer Olympics in 1994, and Lars Bystøl’s gold medal at the Olympics in Turin in 2006 are the highlights.

Many Norwegians have won medals since the first Olympic Winter Games in Chamonix in 1924. This means Norwegian ski jumpers have a proud tradition to take care of when they arrive in Sochi.

RUSSKI GORKI JUMPING CENTER / Olympic Capacity — 7,500
RusSki Gorki features the latest Olympic K-95 and K-125 ski jumps. Its location at the junction of two ridges was chosen to ensure that the ski jumps would fit in naturally with the surrounding landscape, and to protect jumpers from side winds. (SOCHI 2014)

More info: www.skiforbundet.no
Bråthen, Clas Brede
Born: 28.11.68 – Mjøndalen
Residence: Mjøndalen
Sport Director
3rd OG
Ski jumper on international level from 1984-1996

Brøvig, Magnus
Born: 02.12.83 – Enebakk
Birthplace: Lørenskog sykehus
Residence: Oslo
Assistant Coach – Men
1st OG as Coach

Herland, Claes-Tommy
Born: 04.11.71 – Sarpsborg
Residence: Mysen
Leader
1st OG as Team Official

Stöckl, Alexander
Born: 11.12.73 – Innsbruck, AUT
Residence: Oslo
Head Coach – Men
1st OG as Head Coach
3rd season for Norway. Coach for the
Junior National Team of Austria. 3 times
Gold Medal Team Junior WCS. 2 Times
Gold Individ. Junior WCS. Coach at Ski
Gymnasium Stams Austria from 2000
until 2011

Meyer, Christian
Born: 22.10.77 – Orkdal
Residence: Hundhammeren, Malvik
Head Coach – Women
1st OG as Head Coach
International ski jumper 1995-2004,
coach for the national women team
since 2011

Kalfoss, Per Elias
Born: 30.07.72 – Elverum
Residence: Oslo
Assistant Coach – Women
1st OG as Coach
Competing in Nordic Combined until
1996, Chief of competition WC Ski
Jumping, Holmenkollen, Oslo

Vilberg, Andreas
Born: 14.11.85 – Bærum
Residence: Lillehammer
Service Man
1st OG as Team Official
Former ski jumper

Hörl, Thomas
Born: 20.08.81 – Saalfelden, AUT
Residence: Saalfelden, AUT
Service Man
1st OG as Team Official
Former World Record holder in ski flying
Bardal, Anders
Club: Steinkjer Skiklubb
Born: 24.08.82 - Levanger
Residence: Trondheim
Height: 186cm
Civil Status: Married to Ingrid, two children
Occupation: Ski jumper
Hobbies: Friends and family
Favourite music: Åge Aleksandersen, Bruce Springsteen
Favourite film: Lord of the rings
Favourite book genre: Adventure
Favourite food: Mom`s homemade pizza and dad`s deer roast
Greatest sport moment: Winning the World Championship in Val di Fiemme
Sport idol: Roar Ljøkelsøy
Languages spoken: English, some German
Previous results:
OG: 02: 9/Team, 27/K90, 25/K120, 10: 3/Team, 18/K90, 22/K120
NCh: 5 individual Gold medals
Others: WC Overall winner 2011/12, 5 WC victories, 24 WC podiums after season 2012/13
Personal best: 230 meter

Fannemel, Anders
Club: Hornindal IL
Born: 13.05.91 - Hornindal
Residence: Lillehammer
Height: 169 cm
Civil Status: Single
Occupation: Ski jumper
Hobby: Skydiving
Favourite music: Rock/pop and Hip hop/rap
Favourite film: Lord of the rings
Favourite book genre: Adventure
Favourite food: Mom`s homemade pizza and dad`s deer roast
Greatest sport moment: Johan Remen Evensen 246.5m (World Record) Vikersund 2011
Sport idol: Adam Małysz - Ski jumper
Languages spoken: Norwegian, English
Previous results:
NCh: 12: 2/Small hill, 3/Big hill, 13: 1/Big hill, 2/Small hill
WC: 2: At Lillehammer in 2012
Personal best: 244,5m (Vikersund)

Velta, Rune
Club: Lommedalens IL
Born: 19.07.89 - Bærum
Residence: Oslo
Height: 178 cm
Civil Status: Girlfriend
Occupation: Ski jumper
Hobby: Sport
Favourite music: Rock - Metallica
Favourite film: Catch me if you can
Favourite book genre: None
Favourite food: Taco
Greatest sport moment: Johan Remen Evensen 246,5m (World Record) Vikersund 2011
Sport idol: Adam Małysz – Ski jumper
Languages spoken: Norwegian, English
Previous results:
WCh: 12: 2/Ski flying
WC: 13: 3 (Wisla), 2 (Planica)
NCh: 2 times Gold Medals Team, 11: 2 (big hill), 13: 2 (big hill)
Others:
Personal best: 243 m

Jacobsen, Anders
Club: Ringkollen Skiklubb
Born: 17.02.85 – Hønefoss
Residence: Hønefoss
Height: 174 cm
Civil Status: Married
Occupation: Ski jumper
Hobbies: Family, cars, nature
Favourite music: Crime, Favourite food: Taco
Greatest sport moment: Johan Remen Evensen 246,5m (World Record) Vikersund 2011
Sport idol: Adam Małysz – Ski jumper
Languages spoken: Norwegian, English
Previous results:
OG: 10: 3/Team, 9/Normal hill, 12/ Large hill
WCh: 07: 2/Team, 08: 3/Team Skiflying,
09: 2/Team, 3/Large hill, 10: 2/Team, 2/ Skiflying, 2/Skiflying, 11: 2/Team
NCh: 5 x Gold Medal, 1 x Team
Others: 06/07: 1/Four Hills Tournament, 12/13: 2/Four Hills Tournament
Personal best: 230,5meters (Planica)
WOMEN

Tande, Daniel-André  
Club: Kongsberg IF  
Born: Narvik  
Residence: Kongsberg  
Height: 182 cm  
Civil Status: Single  
Occupation: Ski jumper  
Hobby: Music  
Favourite music: AC/DC  
Favourite film: The Shawshank Redemption  
Favourite book genre: Hobbiten  
Favourite food: Chicken Chilli Masala  
Greatest sport moment: -  
Sport idol: Birger Ruud  
Languages spoken: Norwegian, English  
Previous results:  
WC: 14: 15th and 17th place  
NCh: 14: 6th place (Large hill)

Jahr, Line  
Club: Vikersund IF  
Born: 16.01.84 - Drammen  
Residence: Lillehammer  
Height: 164 cm  
Civil Status: Married  
Occupation: Ski jumper and telephone interviewer/interview leader  
Hobby: I don’t have time for that  
Favourite music: Pop music  
Favourite film: Pirates of the Caribbean  
Favourite book genre: I don’t read books  
Favourite food: Healthy homemade food  
Greatest sport moment: When we finally got to jump Ski flying in Vikersund in 2004  
Sport idol: Usain Bolt  
Languages spoken: Norwegian, English, German  
Previous results:  
WCh: 09: 16 (Liberec)  
WC: 12: 1 (Mixed Competition (Lillehammer), 13: 10 (Schonach)  
NCh: 09: 1  
Youth Olympics 2001: 2 (Voukatti, FIN)  
Others:  
98: 1 (ITL Int. Comp. Predazzo), 02: 1 (FIS Grand Prix Schönwald), 1 (FIS Grand Prix Baiersbronn), 02: 1 Holmenkollen, 1 (Continental Cup Vikersund), 1 (Continental Cup Planica)  
Personal best: 174,5m (Vikersund 2004)

Lundby, Maren Olstad  
Club: IL Kolbukameratene  
Born: 07.09.94 – Gjøvik  
Residence: Lillehammer  
Height: 173 cm  
Civil Status: Single  
Occupation: Athlete  
Hobbies: Sports, soccer, working as a telephone interviewer  
Favourite music: Pop/RnB  
Favourite film: Home alone  
Favourite book genre: Crime  
Favourite food: Taco  
Greatest sport moment: Champions League final 04/05, between Liverpool and AC Milan  
Sport idol: Simon Ammann  
Languages spoken: Norwegian, English, German (little bit), Spanish (little bit)  
Previous results:  
WCh: 11: 1/Normal hill, 13: 4/Mixed-Team  
WCh Jr: 12: 9  
WC: 12: 1/Mixed Competition (Lillehammer), 13: 10 (Schonach)  
NCh: 1 Gold Medal (2012), 1 Silver Medal, 4 Bronze Medals  
Personal best: 132m (Lillehammer)
Snowboarders ready for Sochi

Snowboarding has actually evolved from surfing and skateboarding. In the late 1970s snowboarding was introduced in Norway and it started at the very beginning in Molde and Oslo. Until the mid-eighties snowboarding was banned in alpine slopes, but today most ski resorts own snowboarding areas. The first international competition in Norway was the “Arctic Challenge” held in Lofoten in Northern Norway in 2000.

In 2012 the world’s first World Cup in Snowboard was held in Oslo Winter Park, Wyller, competing in the disciplines halfpipe and slopestyle. The culture of snowboarding has a touch of an “underground feel”. Its “competitive spirit” has always been toned down and the focus has been on having fun and to play. Snowboarders’ concerns are focused on exclusivity, creativity, individualism, passion and community.

Today there are about 270,000 snowboarders in Norway but only 3,700 are registered in the Norwegian sports model. The main reason for this is that the environment consists of young people living for the “do it yourself”-philosophy. In many established communities we find young people creating their own jumps and slopes organizing themselves.

When snowboarding became an official Olympic sport for the first time in Nagano 1998, Daniel Franck and Stine Brun Kjeldaas won a silver medal each in the halfpipe discipline. This was followed by Kjersti Buaas winning the bronze medal in Turin 2006. In Sochi Norway is a strong candidate for an Olympic medal in snowboard Cross, parallel slalom and slopestyle.

More info: www.snowboardforbundet.no
Hobbies: Surfing, skateboarding, music
Favourite music: Hip hop, dubstep
Favourite food: Healthy food
Greatest sport moment: X-Games Big Air gold 2013
Sport idol: Petter Northug, Aksel Lund Svindal, Kelly Slater
Languages spoken: English, Norwegian
Previous results:
Others: 13: 1 X-Games Big Air, 1 WC Czech republic slopestyle, 11: X-Games Big Air

Norendal, Silje
Club: KIF Snowboard
Born: 01.09.03 – Kongsberg
Residence: Oslo
Height: 167 cm
Civil Status: In a relationship
Occupation: Snowboarder
Favourite music: Aqua, pop
Favourite film: Notebook, Pretty Woman
Favourite food: Norwegian taco
Greatest sport moment: European X-Games 2013
Sport idol: Torah Bright and Kjersti Buaas
Languages spoken: Norwegian, English
Previous results:
Others: 11: 2 European X-Games, 3 US Open, 13: 1 European X-Games

Buaas, Kjersti Østgaard
Club: Vassfjellet
Born: 05.01.82 – Trondheim
Residence: Trondheim
Height: 160 cm
Civil Status: Single
Occupation: Snowboard Athlete
Hobbies: Filming, photos & editing, standup paddling, yoga, diving, cooking & learning about food, gardening, music, traveling...
Favourite music: The Beatles, Bob Marley, Jack Johnson, Sondre Lerche, Florence & the Machine, Feist, Band Of Horses, The XX, Of Monsters & Men etc. etc..
Favourite film: Documentaries that I learn from (Food Inc, Food matters, Chasing Ice, The Secret, Trashed etc.) & anything from Quentin Tarantino
Favourite book genre: Spiritual evolution & cook books
Favourite food: A bunch of veggies, seeds & nuts combined with intention and love...and I prefer it all organic, local and raw!
Greatest sport moment: When I received 3rd place at the Turin Olympics in 2006
Sport idol: Anybody who follows his or hers heart and has a big smile!
Languages spoken: Norwegian, English and some French, Italian and German
Previous results:
OG: 02: 4 Halfpipe, 06: 3 Halfpipe, 10: 2 Halfpipe
Others: 08: 1 overall US Open (halfpipe, slopestyle & quarterpipe), 09: 1 Overall European Open (halfpipe & slopestyle), 10: 2 X-Games slopestyle, 12: 3 X-Games slopestyle, 13: 3 X-Games slopestyle, FIS Overall Champion slopestyle
MEN – SNOWBOARD CROSS

Sivertzen, Stian
Club: KIF Snowboard
Born: 28.03.89 – Drammen
Residence: Kongsberg
Height: 194 cm
Civil Status: Single
Occupation: Snowboarder
Hobbies: Snowboarding and other fun activities. Spending time with friends and family
Favourite music: You’ll find everything in my music library
Favourite film: If I have to name one: The Shawshank Redemption
Favourite book genre: Historic novels or humoristic books with fun language
Favourite food: Pancakes
Languages spoken: Norwegian, English
Previous results:
WCh: 13: 3 SBX
Other: 13: 3 WC Montafon, Lake Louis

WOMEN – SNOWBOARD CROSS

Olafsen, Helene
Club: Kolbotn IL
Born: 21.02. 90 – Oslo
Residence: Oslo
Height: 168 cm

Great traditions in Norwegian speed skating

Starting with Axel Paulsen becoming the “Amateur Champion of the World” in 1884 there is no doubt Norway has long and great traditions in speed skating. Paulsen was followed by the most winning Norwegian Olympic ever, Ivar Ballangrud, as well as the leading personality of the 1952 Olympics, Hjalmar “Hjallis” Andersen, nicknamed “King Happy”. It is 30 years since Bjørg Eva Jensen won her gold medal skating the 3000 meter in the Lake Placid Olympics 1984.


In Sochi Norway has qualified for both men and women’s team pursuit where eight nations will compete. In the individual disciplines Norway has several medal candidates. Håvard Bøkko will defend his Olympic medal in the 1500 m. Head Coach and former Olympian Jarle Pedersen’s son Sverre Lunde Pedersen is one of the contenders in both the 1500 m and 5000 m. Sverre was the Junior World Champion both in 2011 and 2012 and is one of the greatest talents in Norwegian speed skating. In 2010 Sverre, then 17, was in the Olympic squad as a reserve. 21-year-old Håvard Holmefjord Lorentzen is an interesting young lad who specializes on the 1000 m. In Ida Njåtun (23) we trust when it comes to the female side, especially in the 1500 m and 3000 m.

The goal for the Norwegian Speed Skating team in Sochi 2014 is to achieve two Olympic medals. The focus is on 1500 m men and men’s team pursuit.

More info: www.skoyteforbundet.no
Haugen, Øystein
Born: 07.11.71 – Lørenskog
Residence: Frogner
Team Leader/Sports Director
3rd OG as Team Official

Pedersen, Jarle
Born: 15.06.1955 – Kåfjord
Residence: Os, Bergen
Head Coach
3rd OG as Team Official
Former athlete in OG 1980 (6th – 500 m)

Andersen, Petter
Born: 02.01.74 – Lørenskog
Residence: Oslo
Equipment
2nd OG as Team official
Former athlete in OG 2002 and 2006
(7th – 1500 m)

MEN

Bøkko, Håvard
Club: Hol IL
Born: 02.02.1987 – Ringerike
Residence: Geilo and Hamar
Height: 182 cm
Civil Status: Girlfriend
Occupation: Speed skater
Hobbies: Fishing, hunting, hiking, skiing. Follow all kinds of sport
Favourite music: Almost everything. Depends of my mood!
Favourite film: ... I’m waiting for it!
Favourite book genre: I’m not reading books. Internet got everything!
Favourite food: Pizza, pasta chicken wings
Greatest sport moment: Follow the Tour de France 2009, 2011 and 2013
Sports idol: Lance Armstrong
Languages spoken: Norwegian, English and 15 % German
Previous results:
OG: 06: 4/Team Pursuit, DNF/1500m, 10: 3/1500 m, 4/Team Pursuit
WCh: 08: 2/All round, 09: 2/All round, 10: 3/All round, 11: 2/All round, 13: 2/All round, Single Distances: 09: 2/5000 m, 2/10000 m, 11: 1/1500m, 12: 3/1500m
ECH All round: 06: 3, 08: 2, 09: 2, 10: 3, 11: 3, 12: 2, 13: 3
NCh: 33 Gold medals - 6 x All round, 1 x Sprint and 26 Single distances
Other: Junior World Record holder 5000m. Junior World Champion 2006
Personal records: (per 13.01.14): 500 m – 35,85, 1000 m – 1.08,42, 1500 m – 1.42,67, 3000 m – 3.39,29, 5000 m – 6.09,94, 10000 m – 12.53,89

Skarli, Sondre Dølemo
Born: 22.04.86 – Arendal
Residence: Åmli
Coach
1st OG as Team Official

Hvammen, Espen Aarnes
Club: Eidsvold Turn Skøyter
Born: 13.11.88 – Minnesund
Residence: Oslo/Inzell, GER
Height: 183 cm
Civil Status: Girlfriend
Occupation: Speed skater and medicine student
Hobbies: Sports, brewing and drinking coffee, watching TV-shows, politics
Favourite music: I’m into a lot of different music, it depends on my mood, but lately I’ve been listening to a lot of house, dub step and other electronic music
Favourite film: There are so many good movies to choose from. It is really hard to pick only one, when you have geniuses like Mr. Tarantino and other movies like mafia/mob wars
Favourite book genre: Crime (e.g. by the Norwegian author Jo Nesbø), or ideological books like «1984» by George Orwell or «The Fountainhead» by Ayn Rand
Favourite food: Maybe taco. It’s easy to make at home, and it tastes great. When I’m in North-America, I always enjoy hot chicken wings, that’s also one of my favourites
Greatest sport moment: Being the first Norwegian skater ever to race sub-35 seconds in the 500m
Sport idol: -
Languages spoken: Norwegian, English, some German
Previous results:
WC: 11: 15/1000 m, 16/500m
WC: 11: 9/11
NCh: 12: 1/500m, 13: 1/500 m
Personal records: (per 13.01,14): 100 m – 9.68, 500 m – 34,73 (NR), 1000 m – 1.08,90

Hvammen, Espen Aarnes
Club: Eidsvold Turn Skøyter
Born: 13.11.88 – Minnesund
Residence: Oslo/Inzell, GER
Height: 183 cm
Civil Status: Girlfriend
Occupation: Speed skater and medicine student
Hobbies: Sports, brewing and drinking coffee, watching TV-shows, politics
Favourite music: I’m into a lot of different music, it depends on my mood, but lately I’ve been listening to a lot of house, dub step and other electronic music
Favourite film: There are so many good movies to choose from. It is really hard to pick only one, when you have geniuses like Mr. Tarantino and other movies like mafia/mob wars
Favourite book genre: Crime (e.g. by the Norwegian author Jo Nesbø), or ideological books like «1984» by George Orwell or «The Fountainhead» by Ayn Rand
Favourite food: Maybe taco. It’s easy to make at home, and it tastes great. When I’m in North-America, I always enjoy hot chicken wings, that’s also one of my favourites
Greatest sport moment: Being the first Norwegian skater ever to race sub-35 seconds in the 500m
Sport idol: -
Languages spoken: Norwegian, English, some German
Previous results:
WC: 11: 15/1000 m, 16/500m
WC: 11: 9/11
NCh: 12: 1/500m, 13: 1/500 m
Personal records: (per 13.01,14): 100 m – 9.68, 500 m – 34,73 (NR), 1000 m – 1.08,90

Lorentzen, Håvard Holmefjord
Club: Fana IL
Born: 02.10.92 – Bergen
Residence: Bergen
Height: 187 cm
Civil Status: Single
Occupation: Speed skater
Hobbies: Football, TV-series, friends
Favourite music: Metal, John-Olav Nilsen and the gang
Favourite film: Lord of the Rings
Favourite book genre: Sports biographies
Favourite food: Tandoori Chicken
Greatest sport moment: Magnus Carlsen,
**World Champion Chess 2013**

**Sports idol:** Zlatan – football player

**Languages spoken:** Norwegian, English, un poco Spanish

**Previous results:**
- **WCh:** 12: Sprint: 26, 24/1500 m
- **WCh jr:** 10: 1/TP, 11: 4/1000 m, 13/1500 m, 2/TP, 12: 1/1000 m, 3/1500 m, 1/TP
- **WC:** 11: 9/1000 (Heerenveen), 13: 4/TP (Salt Lake City)

**Personal records:** (per 13.01.14): 500 m – 35,49, 1000 m – 1.07,95 (NR), 1500 m – 1.14,45, 3000 m – 3.49,83, 5000 m – 6.39,99, 10000 m – 14.40,65

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**Fedestveit, Camilla H. Hallás**

**Club:** Bergen SK

**Born:** 05.12.89 – Bergen

**Residence:** Bergen

**Height:** 179 cm

**Civil Status:** Single

**Occupation:** Student and personal trainer

**Hobbies:** Coaching, watching movies

**Favourite music:** Kurt Nilsen

**Favourite film:** Ice Age, Varg Veum

**Favourite book genre:** Crime novels

**Favourite food:** Oatmeal, sushi

**Greatest sport moment:** Gold on 3000 m in my first NCh jr 2005

**Sports idol:** Maren Haugli

**Languages spoken:** Norwegian

**Previous results:**
- **WCh Student:** 13: 2/5000 m, 3/Team Pursuit
- **NCh:** 10: 2/5000 m, 13: 2/5000 m, 3/All round, 14: 3/3000 m, 3/All round

**Personal records:** (per 13.01.14): 500 m – 42,15, 1000 m – 1.23,17, 1500 m – 2.00,28, 3000 m – 4.12,16, 5000 m – 7.39,78, 10000 m – 17.35,77

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**Bøkko, Hege**

**Club:** Hol IL

**Born:** 05.09.91 – Hønefoss

**Residence:** Oslo and Hovet

**Height:** 173 cm

**Civil Status:** In a relationship

**Occupation:** Speed skater

**Hobbies:** Skiing, fishing, interior design

**Favourite music:** Hellbillies, radio hits

**Favourite film:** “Flåklypa”

**Favourite book genre:** Not a big reader

**Favourite food:** Pinnekjøtt (salted and dried ribs of mutton)

**Greatest sports moment:**

**Sports idol:** Shani Davis

**Languages spoken:** Norwegian, English and some German

**Previous results:**
- **OG:** 10: 10/1000m, 14/1500 m
- **WCh:** 09: 23/Sprint, 10: 13/All round, 11: 5/Team Pursuit, 9/1500 m, 17/All round, 23/Sprint, 12: 12/1500 m, 16/All round
- **WCh jr:** 6 Silver medals, 1 Bronze medal

**Personal records:** (per 13.01.14): 500 m – 39,05, 1000 m – 1.16,43, 1500 m – 2.00,28, 3000 m – 4.12,16, 5000 m – 7.39,78, 10000 m – 17.35,77

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**Nilsen, Simen Spieler**

**Club:** Arendal Skøiteklubb

**Born:** 04.08.93 – Arendal

**Residence:** Arendal

**Height:** 185 cm

**Civil Status:** In a relationship

**Occupation:** Speed skater

**Hobbies:** Hunting, fishing, wildlife

**Favourite music:** EDM

**Favourite film:** St. Brother

**Favourite book genre:** Not a big reader

**Favourite food:** Taco

**Greatest sports moment:**

**Sports idol:** Ole Einar Bjørndalen

**Languages spoken:** Norwegian and English

**Previous results:**
- **ECh:** 12: 2/1500 m, 7/All round, 13: 3/1500 m, 3/5000 m, 4/All round

**Personal records:** (per 13.01.14): 500 m – 36,37, 1000 m – 1.11,70, 1500 m – 1.46,65, 3000 m – 4.12,81, 5000 m – 7.42,10, 10000 m – 13.55,90

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**Pedersen, Sverre Lunde**

**Club:** Fana IL

**Born:** 17.07.92 – Bergen

**Residence:** Os, Bergen

**Height:** 180 cm

**Civil Status:** Single

**Occupation:** Speed skater

**Hobbies:** Sports, TV-series/shows

**Favourite music:** Various

**Favourite film:** Step Brothers

**Favourite book genre:** Crime

**Favourite food:** Taco

**Greatest sports moment:**

**Sports idol:** Ole Einar Bjørndalen

**Languages spoken:** Norwegian, English, un poco Spanish

**Previous results:**
- **WCh:** 12: Sprint: 26, 24/1500 m
- **WCh jr:** 10: 1/TP, 11: 4/1000 m, 13/1500 m, 2/TP, 12: 1/1000 m, 3/1500 m, 1/TP

**Personal records:** (per 13.01.14): 500 m – 36,56, 1000 m – 1.07,95 (NR), 1500 m – 1.14,45, 3000 m – 3.49,83, 5000 m – 6.39,99, 10000 m – 14.40,65

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**World Champion Chess 2013**

**Sports idol:** Zlatan – football player

**Languages spoken:** Norwegian, English, un poco Spanish

**Previous results:**
- **WCh:** 12: Sprint: 26, 24/1500 m
- **WCh jr:** 10: 1/TP, 11: 4/1000 m, 13/1500 m, 2/TP, 12: 1/1000 m, 3/1500 m, 1/TP

**Personal records:** (per 13.01.14): 500 m – 36,56, 1000 m – 1.11,23, 1500 m – 1.43,25, 3000 m – 3.42,25, 5000 m 6.10,47, 10000 m – 13.08.82

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**ECh:** 12: 2/1500 m, 7/All round, 13: 3/1500 m, 3/5000 m, 4/All round

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**WOMEN**

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**Bøkko, Hege**

**Club:** Hol IL

**Born:** 05.09.91 – Hønefoss

**Residence:** Oslo and Hovet

**Height:** 173 cm

**Civil Status:** In a relationship

**Occupation:** Speed skater

**Hobbies:** Skiing, fishing, interior design

**Favourite music:** Hellbillies, radio hits

**Favourite film:** “Flåklypa”

**Favourite book genre:** Not a big reader

**Favourite food:** Pinnekjøtt (salted and dried ribs of mutton)

**Greatest sports moment:**

**Sports idol:** Shani Davis

**Languages spoken:** Norwegian, English and some German

**Previous results:**
- **OG:** 10: 10/1000m, 14/1500 m
- **WCh:** 09: 23/Sprint, 10: 13/All round, 11: 5/Team Pursuit, 9/1500 m, 17/All round, 23/Sprint, 12: 12/1500 m, 16/All round
- **WCh jr:** 6 Silver medals, 1 Bronze medal

**Personal records:** (per 13.01.14): 500 m – 39,05, 1000 m – 1.16,43, 1500 m – 2.00,28, 3000 m – 4.12,16, 5000 m – 7.39,78, 10000 m – 17.35,77

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**Nilsen, Simen Spieler**

**Club:** Arendal Skøiteklubb

**Born:** 04.08.93 – Arendal

**Residence:** Arendal

**Height:** 185 cm

**Civil Status:** Single

**Occupation:** Speed skater

**Hobbies:** Hunting, fishing, wildlife

**Favourite music:** EDM

**Favourite film:** Step Brothers

**Favourite book genre:** Not a big reader

**Favourite food:** Pinnekjøtt (salted and dried ribs of mutton)

**Greatest sports moment:**

**Sports idol:** Ole Einar Bjørndalen

**Languages spoken:** Norwegian, English and some German

**Previous results:**
- **ECh:** 12: 2/1500 m, 7/All round, 13: 3/1500 m, 3/5000 m, 4/All round
Hemmer, Mari
Club: Aktiv Skøyteklubb
Born: 20.11.83 – Oslo
Residence: Oslo
Height: 167 cm
Civil Status: Unmarried
Occupation: Speed skater, substitute high school teacher
Hobbies: Knitting, reading
Favourite music: Florence, The Machine
Favourite film: Lord of the Rings
Favourite book genre: Fantasy, science fiction
Favourite food: Home baked bread
Greatest sport moment: Cindy Klassen’s World Record at 2006 WCh All round
Sports idol: Maren Haugli
Languages spoken: Norwegian, English
Previous results:
WCh: 11: 5/Team Pursuit, 10/3000 m
ECH: 11: 7/All round
NCh: 18 Individual Gold medals
Personal records: (per 13.01.14): 500 m – 40,51, 1000 m – 1,19,56, 1500 m – 1,57,52, 3000 m – 4,05,98, 5000 m – 7,01,02, 10000 m – 14,47,49

Njåtun, Ida
Club: Asker SK
Born: 06.02.91 – Bærum
Residence: Asker
Height: 179 cm
Civil Status: Single
Occupation: Athlete
Hobbies: Music, movies
Favourite music: Muse
Favourite film: Forrest Gump
Favourite book genre: Crime
Favourite food: Taco
Greatest sport moment: -
Sports idol: -
Languages spoken: Norwegian, English, some German
Previous results:
WC: 10: 2/1500 m (Berlin)
NCh: 11: 1/All round, 13: 1/All round, 9 Gold medals in single distances, 3 times NCh jr
Personal records: (per 13.01.14): 500 m – 39,36, 1000 m – 1,16,12, 1500 m – 1,54,09, 3000 m – 4,01,47, 5000 m – 7,09,41
Norway has participated in the Olympic Games since year 1900 (Paris).

**Summer Games:**

<table>
<thead>
<tr>
<th>Year</th>
<th>Location</th>
<th>Participants</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
</tr>
</thead>
<tbody>
<tr>
<td>1900</td>
<td>Paris</td>
<td>8 athletes</td>
<td>1 gold</td>
<td>1 silver</td>
<td>2 bronze</td>
</tr>
<tr>
<td>1906</td>
<td>Athens</td>
<td>26 athletes</td>
<td>2 gold</td>
<td>1 silver</td>
<td>2 bronze</td>
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<tr>
<td>1908</td>
<td>London</td>
<td>58 athletes</td>
<td>2 gold</td>
<td>3 silver</td>
<td>3 bronze</td>
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<tr>
<td>1912</td>
<td>Stockholm</td>
<td>191 athletes</td>
<td>4 gold</td>
<td>4 silver</td>
<td>5 bronze</td>
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<tr>
<td>1920</td>
<td>Antwerp</td>
<td>190 athletes</td>
<td>13 gold</td>
<td>8 silver</td>
<td>9 bronze</td>
</tr>
<tr>
<td>1924</td>
<td>Paris</td>
<td>62 athletes</td>
<td>5 gold</td>
<td>2 silver</td>
<td>3 bronze</td>
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<tr>
<td>1928</td>
<td>Amsterdam</td>
<td>51 athletes</td>
<td>1 gold</td>
<td>2 silver</td>
<td>1 bronze</td>
</tr>
<tr>
<td>1932</td>
<td>Los Angeles</td>
<td>5 athletes - no medals</td>
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<td>1936</td>
<td>Berlin</td>
<td>72 athletes</td>
<td>1 gold</td>
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<tr>
<td>1948</td>
<td>London</td>
<td>79 athletes</td>
<td>1 gold</td>
<td>3 silver</td>
<td>3 bronze</td>
</tr>
<tr>
<td>1952</td>
<td>Helsinki</td>
<td>105 athletes</td>
<td>3 gold</td>
<td>2 silver</td>
<td>1 bronze</td>
</tr>
<tr>
<td>1956</td>
<td>Melbourne</td>
<td>18 athletes</td>
<td>1 gold</td>
<td>2 silver</td>
<td>1 bronze</td>
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<tr>
<td>1960</td>
<td>Roma</td>
<td>42 athletes</td>
<td>1 gold</td>
<td></td>
<td></td>
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<td>1964</td>
<td>Tokyo</td>
<td>26 athletes - no medals</td>
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<tr>
<td>1968</td>
<td>Mexico</td>
<td>47 athletes</td>
<td>1 gold</td>
<td>1 silver</td>
<td></td>
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<tr>
<td>1972</td>
<td>Munich</td>
<td>116 athletes</td>
<td>2 gold</td>
<td>1 silver</td>
<td>1 bronze</td>
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<tr>
<td>1976</td>
<td>Montreal</td>
<td>64 athletes</td>
<td>1 gold</td>
<td>1 silver</td>
<td></td>
</tr>
<tr>
<td>1980</td>
<td>Moscow</td>
<td>107 athletes</td>
<td>9 gold</td>
<td>7 silver</td>
<td>1 bronze</td>
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<tr>
<td>1984</td>
<td>Los Angeles</td>
<td>71 athletes</td>
<td>2 gold</td>
<td>3 silver</td>
<td>2 bronze</td>
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<tr>
<td>1988</td>
<td>Seoul</td>
<td>95 athletes</td>
<td>2 gold</td>
<td>4 silver</td>
<td>1 bronze</td>
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<tr>
<td>1992</td>
<td>Barcelona</td>
<td>95 athletes</td>
<td>2 gold</td>
<td>2 silver</td>
<td>3 bronze</td>
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<tr>
<td>1996</td>
<td>Atlanta</td>
<td>98 athletes</td>
<td>2 gold</td>
<td>2 silver</td>
<td>3 bronze</td>
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<tr>
<td>2000</td>
<td>Sydney</td>
<td>96 athletes</td>
<td>4 gold</td>
<td>3 silver</td>
<td>3 bronze</td>
</tr>
<tr>
<td>2004</td>
<td>Athens</td>
<td>50 athletes</td>
<td>5 gold</td>
<td>1 silver</td>
<td>1 bronze</td>
</tr>
<tr>
<td>2008</td>
<td>Beijing</td>
<td>91 athletes</td>
<td>3 gold</td>
<td>5 silver</td>
<td>1 bronze</td>
</tr>
<tr>
<td>2012</td>
<td>London</td>
<td>64 athletes</td>
<td>2 gold</td>
<td>1 silver</td>
<td>1 bronze</td>
</tr>
</tbody>
</table>

Total number of medals in Summer Games: **149** (58 gold, 48 silver, 43 bronze)

**Winter Games:**

<table>
<thead>
<tr>
<th>Year</th>
<th>Location</th>
<th>Participants</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
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<tr>
<td>1924</td>
<td>Chamonix</td>
<td>14 athletes</td>
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<tr>
<td>1928</td>
<td>St. Moritz</td>
<td>28 athletes</td>
<td>6 gold</td>
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<tr>
<td>1932</td>
<td>Lake Placid</td>
<td>19 athletes</td>
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<tr>
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<td>1960</td>
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<tr>
<td>1964</td>
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<td>Grenoble</td>
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<td>1972</td>
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<tr>
<td>1980</td>
<td>Lake Placid</td>
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<tr>
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<td>1988</td>
<td>Calgary</td>
<td>66 athletes</td>
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<td>2 silver</td>
<td>2 bronze</td>
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<td>Albertville</td>
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<tr>
<td>1994</td>
<td>Lillehammer</td>
<td>94 athletes</td>
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<td>1998</td>
<td>Nagano</td>
<td>84 athletes</td>
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<td>2002</td>
<td>Salt Lake</td>
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<td>2006</td>
<td>Turin</td>
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<td>Vancouver</td>
<td>99 athletes</td>
<td>9 gold</td>
<td>8 silver</td>
<td>6 bronze</td>
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</table>

Total number of medals in Winter Games: **303** (107 gold, 106 silver, 90 bronze)

**Athens 1896** ................................................................. Norway didn’t participate

**Paris 1900** .................................................................................................................... No gold medals

**St. Louis 1904** ................................................................. Norway didn’t participate

**Athens 1906**

Gudbrand G. Skatteboe................................................................. Shooting free rifle
20 men team................................................................................. Gymnastics

**London 1908**

Albert Helgerud................................................................. Shooting free rifle
6 men team................................................................................. Shooting free rifle team

**Stockholm 1912**

“Magda IX”, Alfred G. Garman Larsen w/crew........................................ Sailing 12 m
“Taifun”, Thoralf Glad w/crew......................................................... Sailing 8 m
24 men team................................................................................. Gymnastics II team
Ferdinand Bie....................................................................................... Athletics pentathlon

**Berlin 1916** ................................................................................................. Cancelled

**Antwerp 1920**

“Heira II”, Johan Friele w/crew........................................................ Sailing 12 m new
“Atlanta”, Henrik Østervold w/crew................................................. Sailing 12 m old
“Mosk II”, Charles Archer Arentz w/crew...................................... Sailing 10 m new
“Eleda”, Erik Herseth w/crew.......................................................... Sailing 10 m old
“Sildra”, Magnus Konow w/crew...................................................... Sailing 8 m new
“Irene”, Carl August Ringvold seniorw/crew.................... Sailing 12 m old
“Jo”, Andreas B. Brecke w/crew........................................................ Sailing 6 m new
Helge Lavland....................................................................................... Athletics heptathlon
Otto M. Olsen................................................................................... Shooting single shot deer
Ole A. Lilloe-Olsen........................................................................... Shooting double shot deer
5 men team...................................................................................... Shooting single shot team
5 men team...................................................................................... Shooting double shot team
Otto M. Olsen................................................................................... Shooting army rifle

**Paris 1924**

Ole A. Lilloe-Olsen........................................................................... Shooting double shot deer
4 men team...................................................................................... Shooting single shot team
Otto von Porat.................................................................................... Boxing heavyweight
“Bera”, Carl August Ringvold senior w/crew.................... Sailing 8 m
“Elisabeth V”, Eugen Lunde w/crew................................................... Sailing 6 m

**Amsterdam 1928**

„Norna”, Johan Anker, Crownprince Olav, Erik Anker, Haakon P. Bryhn.................................................. Sailing 6 m

**Los Angeles 1932** ................................................................................................. No medals

**Berlin 1936**

Willy Røgeberg................................................................................... Shooting miniature rifle
1940-1944 ................................................................. No Olympic Games

London 1948
"Pan", Thor Thorvaldsen, Hakon Barfod, Sigve Lie......................... Sailing Drake

Helsinki 1952
"Pan", Thor Thorvaldsen, Hakon Barfod, Sigve Lie........................... Sailing Drake
John H. Larsen.................................................................................. Shooting running deer
Erling Kongshaug............................................................................ Shooting miniature rifle

Melbourne 1956
Egil Danielsen................................................................................... Athletics javelin

Rome 1960
"Sirene", Peder Lunde jr, Bjørn Bergvall........................................ Sailing Flying Dutchman

Tokyo 1964....................................................................................... No medals

Mexico City 1968
Steinar Amundsen, Egil Seby, Tore Berger,
Jan Johansen.................................................................................. Kayak K-4 1000 m

Munich 1972
Knut Knudsen.................................................................................. Cycling 4000 m track
Leif Jønsen........................................................................................ Weightlifting light heavyweight

Montreal 1976
Alf and Frank Hansen................................................................. Rowing double sculls

Moscow 1980.................................................................................. Norway didn’t participate

Los Angeles 1984........................................................................... No gold medals

Seoul 1988
Jon Rønningen................................................................................. Wrestling 52 kg
Tor Heiestad.................................................................................. Shooting quarry

Barcelona 1992
Jon Rønningen................................................................................. Wrestling 52 kg
Linda Andersen............................................................................. Sailing Europe

Atlanta 1996
Knut Holmann................................................................................. Kayak K-1 1000 m
Veibjørn Rodal.............................................................................. Athletics 800 m

Sydney 2000
Knut Holmann................................................................................. Kayak K-1 1000 m
Knut Holmann................................................................................. Kayak K-1 500 m
Trine Hattestad........................................................................... Athletics javelin
Norway........................................................................................ Football women

Athens 2004
Andreas Thorvaldsen........................................................................ Athletics javelin
Eirik Verás Larsen........................................................................ Kayak K-1 1000 m
Gunn-Rita Dahle.............................................................................. Mountain Bike
Olaf Tufte..................................................................................... Rowing single sculls
Siren Sundby................................................................................ Sailing Europe

Beijing 2008
Olaf Tufte..................................................................................... Rowing single sculls
Andreas Thorvaldsen................................................................... Athletics javelin
Norway......................................................................................... Handball women

London 2012
Norway........................................................................................ Handball women
Eirik Verás Larsen................................................................. Kayak K-1 1000 m
<table>
<thead>
<tr>
<th>Year</th>
<th>Medalist</th>
<th>Event</th>
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<tbody>
<tr>
<td>Chamonix 1924</td>
<td>Thoreleif Haug</td>
<td>Cross-country 18 km</td>
</tr>
<tr>
<td></td>
<td>Thoreleif Haug</td>
<td>Cross-country 50 km</td>
</tr>
<tr>
<td></td>
<td>Thoreleif Haug</td>
<td>Nordic combined</td>
</tr>
<tr>
<td></td>
<td>Jacob Tullin Thams</td>
<td>Ski-jumping</td>
</tr>
<tr>
<td>St. Moritz 1928</td>
<td>Johan Grettumsbraten</td>
<td>Cross-country 18 km</td>
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<tr>
<td></td>
<td>Johan Grettumsbraten</td>
<td>Nordic combined</td>
</tr>
<tr>
<td></td>
<td>Alf Andersen</td>
<td>Ski-jumping</td>
</tr>
<tr>
<td></td>
<td>Bernt Evensen</td>
<td>Speed skating 500 m</td>
</tr>
<tr>
<td></td>
<td>Ivar Ballangrud</td>
<td>Speed skating 5000 m</td>
</tr>
<tr>
<td></td>
<td>Sonja Henie</td>
<td>Figure skating</td>
</tr>
<tr>
<td>Lake Placid 1932</td>
<td>Johan Grettumsbraten</td>
<td>Nordic combined</td>
</tr>
<tr>
<td></td>
<td>Birger Ruud</td>
<td>Ski-jumping</td>
</tr>
<tr>
<td></td>
<td>Sonja Henie</td>
<td>Figure skating</td>
</tr>
<tr>
<td>Garmisch-Partenkirchen 1936</td>
<td>Oddbjørn Hagen</td>
<td>Nordic combined</td>
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<td>Birger Ruud</td>
<td>Ski-jumping</td>
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<td>Ivar Ballangrud</td>
<td>Speed skating 500 m</td>
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<tr>
<td></td>
<td>Charles Mathiesen</td>
<td>Speed skating 1500 m</td>
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<td></td>
<td>Ivar Ballangrud</td>
<td>Speed skating 5000 m</td>
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<td></td>
<td>Ivar Ballangrud</td>
<td>Speed skating 10000 m</td>
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<tr>
<td></td>
<td>Sonja Henie</td>
<td>Figure skating</td>
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<tr>
<td>St. Moritz 1948</td>
<td>Petter Hugsted</td>
<td>Ski-jumping</td>
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<td></td>
<td>Finn Helgesen</td>
<td>Speed skating 500 m</td>
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<td></td>
<td>Sverre Farstad</td>
<td>Speed skating 1500 m</td>
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<td>Reidar Liakleven</td>
<td>Speed skating 5000 m</td>
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<td>Oslo 1952</td>
<td>Hallgeir Brenden</td>
<td>Cross-country 18 km</td>
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<td>Simon Slåttvik</td>
<td>Nordic combined</td>
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<td></td>
<td>Arnfinn Bergmann</td>
<td>Ski-jumping</td>
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<tr>
<td></td>
<td>Stein Eriksen</td>
<td>Alpine skiing Giant slalom</td>
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<td></td>
<td>Hjalmar Andersen</td>
<td>Speed skating 1500 m</td>
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<td>Hjalmar Andersen</td>
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<td></td>
<td>Hjalmar Andersen</td>
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<td>Cortina 1956</td>
<td>Hallgeir Brenden</td>
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<td>Sverre Steners</td>
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<td>Squaw Valley 1960</td>
<td>Hakon Brusveen</td>
<td>Cross-country 15 km</td>
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<td>Roald Aas</td>
<td>Speed skating 1500 m</td>
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<td></td>
<td>Knut Johannesen</td>
<td>Speed Skating 10000 m</td>
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<td>Innsbruck 1964</td>
<td>Tormod Knudsen</td>
<td>Nordic combined</td>
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<td>Toralf Engan</td>
<td>Ski jumping (LH)</td>
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<td>Knut Johannesen</td>
<td>Speed skating 5000 m</td>
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<td>Grenoble 1968</td>
<td>Harald Grønningen</td>
<td>Cross-country 15 km</td>
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<td>Ole Ellefsæter</td>
<td>Cross-country 50 km</td>
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<td>Norway (Odd Martinsen, Pål Tyldum, Harald Grønningen, Ole Ellefsæter)</td>
<td>Cross-country 4x10 km Relay</td>
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<tr>
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<td>Norway (Inger Auflies, Babben Engen Damon, Berit Mørde)</td>
<td>Cross-country 3x5 km Relay</td>
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<td>Fred Anton Maier</td>
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<td>Magnar Solberg</td>
<td>Biathlon</td>
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<tr>
<td>Sapporo 1972</td>
<td>Pål Tyldum</td>
<td>Cross-country 50 km</td>
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<td>Magnar Solberg</td>
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<td>Innsbruck 1976</td>
<td>Ivar Formo</td>
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<td>Jan Egil Storholt</td>
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<td>Sten Stensen</td>
<td>Speed skating 5000 m</td>
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<td>Lake Placid 1980</td>
<td>Bjørg Eva Jensen</td>
<td>Speed skating 3000 m</td>
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<td>Norway (Inger Helene Nybråten, Anne Jahren, Brit Pettersen, Berit Aunli)</td>
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<td>Tom Sandberg</td>
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<td>Eirik Kvalfoss</td>
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<tr>
<td>Calgary 1988</td>
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<tr>
<td>Albertville 1992</td>
<td>Kjetil Andre Aamodt</td>
<td>Alpine skiing Super-G</td>
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<tr>
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<td>Finn Christian Jagge</td>
<td>Alpine skiing Slalom</td>
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<tr>
<td></td>
<td>Bjørn Daehlie</td>
<td>Cross-country 50 km Free</td>
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<td>Vegard Ulvang</td>
<td>Cross-country 30 km Classical</td>
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<td>Vegard Ulvang</td>
<td>Cross-country 10 km Classical</td>
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<td>Bjørn Daehlie</td>
<td>Cross-country 15 km Free mass start</td>
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<td>Norway (Terje Langli, Vegard Ulvang, Kristen Skjeldal, Bjørn Daehlie)</td>
<td>Cross-country 4x10 km Relay</td>
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<tr>
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<td>Johann Olav Koss</td>
<td>Speed skating 1500 m</td>
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<td>Geir Karlstad</td>
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<td>Lillehammer 1994</td>
<td>Bjørn Daehlie</td>
<td>Cross-country 10 km Classical</td>
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<td>Bjørn Daehlie</td>
<td>Cross-country 15 km Free mass start</td>
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<td>Thomas Alsgaard</td>
<td>Cross-country 30 km Free</td>
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<td>Fred Børre Lundberg</td>
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<td>Espen Bredesen</td>
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Lasse Kjus ................................................................. Alpine skiing Combination
Stine Lise Hattestad ........................................................ Freestyle skiing Moguls
Johann Olav Koss .......................................................... Speed skating 1500 m
Johann Olav Koss .......................................................... Speed skating 5000 m
Johann Olav Koss .......................................................... Speed skating 10000 m

**Nagano 1998**
Bjørn Dæhlie ........................................................................ Cross-country 10 km Classical
Thomas Alsgaard ................................................................. Cross-country 15 km Free mass start
Bjørn Dæhlie ........................................................................ Cross-country 50 km Free
Norway (Sture Sivertsen, Erling Jevne, Bjørn Dæhlie, Thomas Alsgaard) .............................................. Cross-country 4 x 10 km Relay
Bjarte Engen Vik ................................................................. Nordic combined Team
Norway (Halldor Skard jr, Kenneth Braaten, Bjarte Engen Vik, Fred Børre Lundberg) ............................................. Nordic combined
Hans Petter Buraas .............................................................. Alpine skiing Slalom
Ådne Søndrål ........................................................................ Speed skating 1500 m
Halvard Hanevold .............................................................. Biathlon 20 km individual
Ole Einar Bjørndalen ........................................................... Biathlon 10 km individual

**Salt Lake 2002**
Kjetil Andre Aamodt .......................................................... Alpine skiing Combination
Kjetil Andre Aamodt .......................................................... Alpine skiing Super-G
Ole Einar Bjørndalen ................................................................ Biathlon 10 km
Ole Einar Bjørndalen ................................................................ Biathlon 12.5 km Pursuit
Ole Einar Bjørndalen ................................................................ Biathlon 20 km
Norway (Halvard Hanevold, Frode Andresen, Egil Gjelland, Ole Einar Bjørndalen) .................................................. Biathlon 4 x 7.5 km Relay
Frode Estil ................................................................................ Cross-country 10 km Pursuit
Thomas Alsgaard ................................................................. Cross-country 10 km Pursuit
Bente Skari ................................................................................ Cross-country 10 km
Tor-Arne Hetland ...................................................................... Cross-country 1.5 km
Norway (Anders Aukland, Frode Estil, Kristen Skjeldal, Thomas Alsgaard) .................................................. Cross-country 4 x 10 km Relay
Norway (Pål Trulsen, Lars Vågberg, Flemming Davanger, Bent Anund Ramsfjell, Torger Nergaard) .............................................. Curling men
Kari Traa ................................................................................ Freestyle Moguls

**Torino 2006**
Kjetil Andre Aamodt .......................................................... Alpine skiing Super-G
Lars Bystøl ........................................................................... Ski jumping K 90

**Vancouver 2010**
Aksel Lund Svindal ............................................................... Alpine Skiing Super G
Tora Berger .............................................................................. Biathlon 15 km
Emil Hegle Svendsen .......................................................... Biathlon 20 km
Norway (Halvard Hanevold, Tarjei Bø, Emil Hegle Svendsen, Ole Einar Bjørndalen) .............................................. Biathlon 4 x 7.5 km Relay
Norway (Vibeke W Skofterud, Therese Johaug, Kristin Størmer Steira, Marit Bjørgen) ............................................. Cross-country 4 x 5 km Relay
Petter Northug ................................................................. Cross-country 50 km Free mass start
Marit Bjørgen ........................................................................... Cross-country Combined 7.5 + 7.5 km
Marit Bjørgen ........................................................................... Cross-country Sprint 1.5 km
Norway (Øystein Pettersen, Petter Northug) ...................................... Cross-country Team sprint

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**86 events – 15 disciplines**

<table>
<thead>
<tr>
<th>Nation</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
<th>Total</th>
</tr>
</thead>
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<td>14</td>
<td>7</td>
<td>5</td>
<td>26</td>
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<tr>
<td>2. Germany</td>
<td>10</td>
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<td>3. United States</td>
<td>9</td>
<td>15</td>
<td>13</td>
<td>37</td>
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<tr>
<td>4. Norway</td>
<td>9</td>
<td>8</td>
<td>6</td>
<td>23</td>
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<tr>
<td>5. South Korea</td>
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<td>6. Switzerland</td>
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<td>9</td>
<td>15</td>
</tr>
<tr>
<td>7. China</td>
<td>5</td>
<td>2</td>
<td>4</td>
<td>11</td>
</tr>
<tr>
<td>8. Sweden</td>
<td>5</td>
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<td>4</td>
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<td>9. Austria</td>
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<td>16</td>
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<tr>
<td>10. Netherlands</td>
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<td>3</td>
<td>8</td>
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<td>11. Russia</td>
<td>3</td>
<td>5</td>
<td>7</td>
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<tr>
<td>12. France</td>
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<td>3</td>
<td>6</td>
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<td>13. Australia</td>
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<td>14. Czech Republic</td>
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<td>15. Poland</td>
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**Note:** 86 events – 26 nations won medals
82 NOC (record) – 2,566 athletes
NORWEGIAN MEDIA IN SOCHI 2014

BEST OF NORWAY
WRITTEN PRESS

Kroksæter, Ketil
Adresseavisen
Journalist

Løfaldli, Birger
Adresseavisen
Journalist

Sagbakken, Ole
Adresseavisen
Journalist

Sagen, Richard
Adresseavisen
Photographer

Bernhus, Ola
Aftenposten
Journalist

Bugge, Mette
Aftenposten
Journalist

Dyrnes, Steinar
Aftenposten
Journalist

Hansen, Espen
Aftenposten
Journalist

Haugli, Kurt
Aftenposten
Journalist

Nesje, Erlend
Aftenposten
Journalist

Lyngstad, Martin
Aftenposten
Photographer

Nupen, Alexander
Aftenposten
Journalist

Grythaugen, Stian
Avisenes Nyhetsbyrå
Journalist

Pedersen, Terje
Avisenes Nyhetsbyrå
Photographer

Langeland, Knut
Bergens Tidende
Journalist

Vik, Øystein
Bergens Tidende
Journalist

Sævig, Rune
Bergens Tidende
Photographer

Bratland, Tore
Dagbladet
Journalist

Langsem, Bjørn
Dagbladet
Photographer

Brenna, Tormod
Dagbladet
Journalist

Burheim, Mads
Dagbladet
Journalist

Evensen, Marius
Dagbladet
Journalist

Rasmussen, John
Dagbladet
Journalist

Wahlstrøm, Roy
Dagbladet
Journalist
Thomassen, Pål
Commentator

Rasch, Ida Nysæter
Reporter

Stenberg, Morten
Reporter

Høglund, Daniel
Reporter

Gran, Carl Henning
Expert Commentator

Bentsen, Anders
Rove
Reporter

Bjørnstad, Nora
Thorp
Reporter

Svendsen, Jo Vemund
Reporter

Lunde, Ola
Expert Commentator

Skjerdingstad, Anders
Reporter

Grotnes, Christian
Photographer

Sveen, Simen
Reporter

Elle, Geir
Reporter

Hoel, Yasmin Sunde
Reporter

Nielsen, Henrik Myhr
Photographer

Røe Larsen, Øystein
Reporter

Skjelbæk, Marius
Reporter

Hagen, Håvard
Photographer

Tveter, Jørn
Photographer

Engeland, Anders
Reporter

Håby, Mads
Reporter

Bøhren, Jone
Technical Manager

Thingnes, Harald
Reporter

Tveter, Jørn
Photographer
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<td>Knudsen, Jens C.</td>
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<td>Myhren-Berge, Kjetil</td>
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<tr>
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<tr>
<td>Tombre, Magne</td>
<td>Logistic Manger</td>
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<tr>
<td>Storaas, Tore</td>
<td>Technical Manager</td>
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<td>Myhren-Berge, Kjetil</td>
<td>Expert Commentator</td>
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<tr>
<td>Skjelbreid, Carsten</td>
<td>TV Anchor, Main Studio</td>
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<td>Thorkildsen, Christian</td>
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<td>Dahl, Jan-Petter</td>
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</tbody>
</table>
Hjelmeset, Odd-Bjørn  
Expert  
Cross-Country

Aukland, Fredrik  
Expert  
Cross-Country and  
Nordic Combined

Avlesen, Siri  
Reporter Mixed Zone  
Cross-Country  
(Mixed Zone in  
Nordic Combined  
and Ski Jumping)

Lersveen, Ernst A.  
Reporter – ENG-team  
Biathlon and Cross-  
Country

Pedersen, Yngve Sem  
ENG-team  
Biathlon and Cross-  
Country

Bredeli, Harald  
Commentator  
Biathlon

Stoltenberg, Ole Kristian  
Expert Commentator  
Biathlon

Poiree, Raphael  
Expert  
Biathlon

Oftedal, Kjell Ove  
Expert  
Biathlon

Wergeland, Susanne Furøy  
Reporter Mixed Zone  
Biathlon

Kvamme, Sigve  
ENG-team

Monrad-Hansen, Erik  
ENG-team

Berntsen, Per A.  
Reporter – ENG-team  
Biathlon, Nordic  
Combined, Ski  
Jumping

Skancke, Tord K.  
ENG-team  
Biathlon, Nordic  
Combined, Ski  
Jumping

Blipp, Stian  
TV Host

Wikestad, Kasper  
Commentator

Greve, Jonas  
Expert Commentator

Wiig, Andreas Ygre  
Expert Snowboard

Traa, Kari  
Expert Freestyle  
Moguls

Lid, Hilde Synnøve  
Expert Freestyle  
Aerials

TV2 – NORDIC COMBINED and  
SKI JUMPING – RusSki Gorki

SNOWBOARD/FREESTYLE – Roza Khutor
Flaglien, Elin  
ENG-team

Schaathun, Pål  
ENG-team

Hvamstad, Jon Torstein  
ENG-team

SCHATHUN

CURLING – Ice Cube

Klem, Jørgen  
Commentator

Larsen, Mikael Flygind  
Expert Commentator

Rølvaag, Sander  
Expert Commentator

Lundstadsveen, John Christian  
LIVE og ENG-team

Jakobsen, Rudi  
LIVE og ENG-team

Øvrebo, Kyrre  
ENG-team

ICE HOCKEY – Bolsjoj/Shayba

Langil, Morten  
Commentator

Erevik, Bjørn  
Expert Commentator

Bergh-Johnsen, Jonas  
LIVE og ENG-team

Olaussen, Siw-Gøril Nystad  
LIVE og ENG-team

TV2.no

Wedervang, Mads  
Reporter

Johannessen, Jan Sturla  
Reporter

Økland, Lars Christian  
VJ og LIVE

FIGURE SKATING and MEDAL CEREMONIES – Olympic Park

Husvik, Helen  
LIVE og ENG-team

Sunde, Frode  
LIVE og ENG-team

Husvik, Helen  
LIVE og ENG-team

Sunde, Frode  
LIVE og ENG-team

Sunde, Frode  
LIVE og ENG-team

Sunde, Frode  
LIVE og ENG-team
“SENKVELD”

Wenell, Rolf  
Temporary Programme Editor

Eriksen, Bård  
Editor

Numme, Thomas  
Host

Rønneberg, Harald  
Host

Svendsen, Truls  
Reporter

Leidland, Anne Martha  
Communication Adviser
17. MAI-TÓG: May 17th is Norway’s National Day, and celebrates the adoption of the Constitution on the same date in 1814. May 17th is a major event in Norway, and almost all Norwegians take part in the celebrations. All Norwegian schoolchildren take part in Constitution Day parades, all of them dressed in their own local version of the national costume or their Sunday best. The forest of Norwegian flags leaves little doubt it’s Norway’s Constitution Day. Almost everyone who has one wears their “Bunad” on May 17th, Constitution Day.

BUNAD: National costume with it’s origins in peasant clothing. The various regions and districts in Norway have their own versions, and the designs indicate family or geographical ties. Almost everyone who has one wears their “Bunad” on May 17th, Constitution Day.

HARALD HÅRFAGRE: According to the history books Harald Fairhair was the first King over a united Norway. (Approx. 865-933). The Viking Chieftain who united Norway at the Battle of Hafrsfjord near Stavanger in around 885. It is claimed that all those who have claimed the throne of Norway since are descendants of Harald Fairhair. Fairhair named Eirik Blodeks – the famous Eirik The Red – as his heir to the Throne of Norway.

BRUNOST: A sweet, brown cheese made from cow’s milk and /or goat’s milk. Originally made in the mountain dairy farms, it’s now found on most Norwegian breakfast tables, and is used by hundreds of thousands of people daily as a filling for their lunchtime sandwiches. More than a quarter of all cheese eaten in Norway is Brunost!

LOFOTFISKET: An annual fisheries event from February to April for Cod and Spring Cod in the Vestfjord at Lofoten in the County of Nordland. The Vestfjord has been the most stable spawning grounds for Spring Cod for time beyond memory, and has therefore been a winter fairy tale for fishermen for more centuries than the history books can count. The Lofoten Fisheries are the basis for a number of both small and large fishing boats along the coastline of Norway.

LUSEKOFTE: A knitted pullover with its origins in Setesdalen in Norway. Mainly used by men since the mid-1800s. The pullover is usually “Sheep-wool-black” with a white pattern. The pattern is the “lice”. Around 1920, tourists began to notice this uniquely Norwegian garment, and since then it has been one of the popular purchases made by tourists in Norway.

MIDNATTSOL: Norway is often called “The Land of the Midnight Sun”. The Midnight Sun literally means that the sun never dips under the horizon, as is the case in Northern Norway during a period in the summer. There is daylight for a full 24 hours and the sun never sets. This phenomena attracts many tourist to Norway’s Northern Regions. In strong contrast is the winter darkness, where the sun never shows her face, and the days are as dark as the nights.

THOR HEYERDAHL: Norwegian ethnographer and zoologist, who has carried out much research into the origins of the peoples of Polynesia. Heyerdahl believed that Polynesia was settled by peoples from America and not from south-east Asia as was the common theory at the time. To prove that American Indians could have sailed the Pacific he carried through the famous Kon-Tiki expedition in 1947. The film of the expedition was awarded the Oscar for best documentary in 1951. Heyerdahl is also famous for the Ra, Ra II and Tigris expeditions.

TRAN: Norwegian health drink based on liver-oil from mainly cod or saithe. ‘Tran’, or cod- liver oil, was traditionally used both as lamp oil and as nature’s medicine against a number of debilitating illnesses. Nowadays, its is highly valued due to its high percentage of non-saturated fatty acids. Many Norwegians start their day with a dessertspoon of cod-liver oil to keep healthy and in good form. Not very popular with the kids due to its somewhat special flavour....

TØRRFISK: A traditional Norwegian dish originating from the villages and hamlets of the West Country. ‘Smale’ is a dialect word for sheep, and “Smalahøve” means sheep’s head. The head is singed and/or smoked prior to boiling before being served with boiled potatoes and mashed swede. Not all Norwegan’s find the dish so very appealing, with the sheep staring up at you from your plate....
regions. Exported in great quantities to among other countries Portugal - Bacalao.

**VIKINGSHIP:** Norwegian/Nordic vessel from the Viking Era and early middle ages. The ships were used by the Vikings in both war and peace, in the latter as trading vessels. The Vikings were Nordic traders who carried out both trading missions and raids in West and Eastern Europe between 800-1050. The best known Viking Ships, The Gokstad, Tune and Oseberg can all be seen at the Viking Ship Museum at Bygdøy in Oslo.

**HOW TO PRONOUNCE:**

<table>
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<th>Term</th>
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<td>Sitt-enda mei tawg</td>
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<td>Binders</td>
<td>Bin-durs</td>
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<tr>
<td>Brunost</td>
<td>Broon oost</td>
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<td>Bunad</td>
<td>Buu nadd</td>
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<td>Harald Hårfagre</td>
<td>Harald haw-fagra</td>
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<td>Hardingfele</td>
<td>Harding fea-la</td>
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<td>Lofotfisket</td>
<td>Loaf-fott fiska</td>
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<td>Loose a kofta</td>
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<td>Mid natt sool</td>
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<td>Ostehevel</td>
<td>Oost-a hoevell</td>
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<td>Smalahove</td>
<td>Smahla-hovva</td>
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<td>Thor Heyerdahl</td>
<td>Tor Hei-a-dal</td>
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<tr>
<td>Tran</td>
<td>Trahn</td>
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<td>Tørrfisk</td>
<td>Toerr-fis</td>
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<td>Vikingskip</td>
<td>Veeking ship</td>
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### Competition Schedule

#### February 2014

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<tr>
<th>Competition Venue</th>
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<th>12 Monday</th>
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<th>14 Wednesday</th>
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#### Mountain Cluster

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<td>Laura Cross-Country Ski &amp; Biathlon Center</td>
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<td>Sanki Sliding Center</td>
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#### Coastal Cluster

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<th>15 Thursday</th>
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<td>Speed Skating</td>
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### Notes
- All information in this schedule is subject to change.
- Victory Ceremony — next day
- Victory Ceremony — same day
- © Victory Ceremony
- Mixed - Men and Women
- W - Women / Ladies
- M - Men
- DOA - Doubles
- SOA - Singles
- Mixed Relay - Mixed team
- Four-Man - Four-man team
- Relay - Relay race
- Team Relay - Team relay race
OLYMPIC TEAM NORWAY
...GOOD LUCK!