

Olympiatoppen Elitecoach-program

The purpose of the program is to further develop individual and team-leadership for high performance-teams

Overview

The program aims to contribute to increased knowledge, competence, and skills in the coaching-leadership role and in team leadership, particularly with regard to the values-based and pedagogical aspects of leadership. Working practical together as a team, to provide development for athletes/performers. All needs to work tight together and towards practical athlete/performance.

Program duration is over 2 years, and consist of 10 joint sessions with work in practical settings in between. Program is generating a total of 30 University credits after an oral examination towards the end of the program. The academic content will be closely connected to everyday practice.

Targeted participants?

- National Teams summer sports
- Coaches and leadership at the highest level in Norwegian elite sports and cultural sector
- Commitment and motivation, prerequisite for being able to influence performance both on performance and organizational level



Main themes

Leadership & values; Team & team leadership;

Managing tensions and value-dilemmas; Primadonna-leadership; Power & trust; Championship coaching

Communication & relationships; Leadership and technology; Managing conflicts and

Risk-taking; Mental health and life quality in elite coaching

