

OLYMPIATOPPEN



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‘Bridging the theory-practice gap.
How can coach education become
meaningful for coaching practice?’

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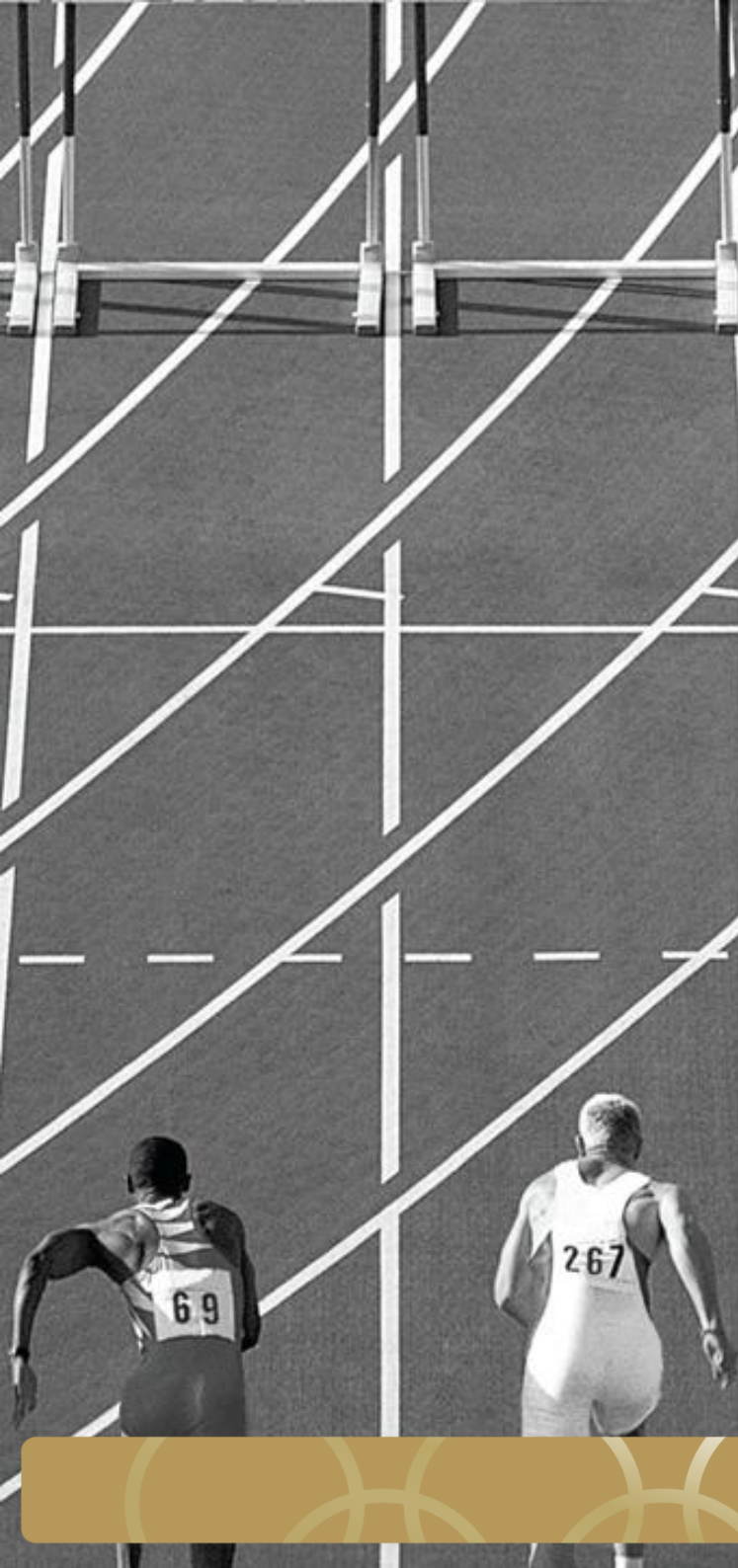
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The theory – practice gap

- Coach education fail to inform and help coaching practice
 - (cf. Bush, 2008; Jones & colleagues, 2006; Côté, 2006; Lyle, 2002; adressed issue *The Sport Psychologist*, 2006, issue 20)
- Topp sports – natural science – hegemony
(Bush, 2008; Augestad & Bergsgard, 2007)
- Context-dependent, evidence-based, predict, control
- Has social science accepted the terms? (Flyvbjerg, 2001)
- Coach Education. Academy, theory, `the map
- Coaching practice. `The terrain
- Miss-match

The flux and unpredictability of human actions

- Complexity
- Belief, feelings
- Communication
- Power-relations
- Value-dilemmaes





Top sports coaching / Top coach



Excellent coaching = excellent leadership

- Holistic coaching – science and art (Bush, 2008; Wooden, 1993)
- Athlete-centered coaching
- Instruction → dialogue
- Position → relation

- Learning situations – pedagogical challenges

- Knowledge about the activity and knowledge about human beings (Standal & Hemmestad, 2011, Hemmestad, Jones & Standal, 2010)



Top sports coaching

- A pedagogical approach (Jones, 2007, 2004; Jones & Wallace, 2005)
 - The coach as a reflective practitioner (Schön, 1983, 1987)
- Celebrating the insecure practitioner (Standal, 2008)
- Individual and social process

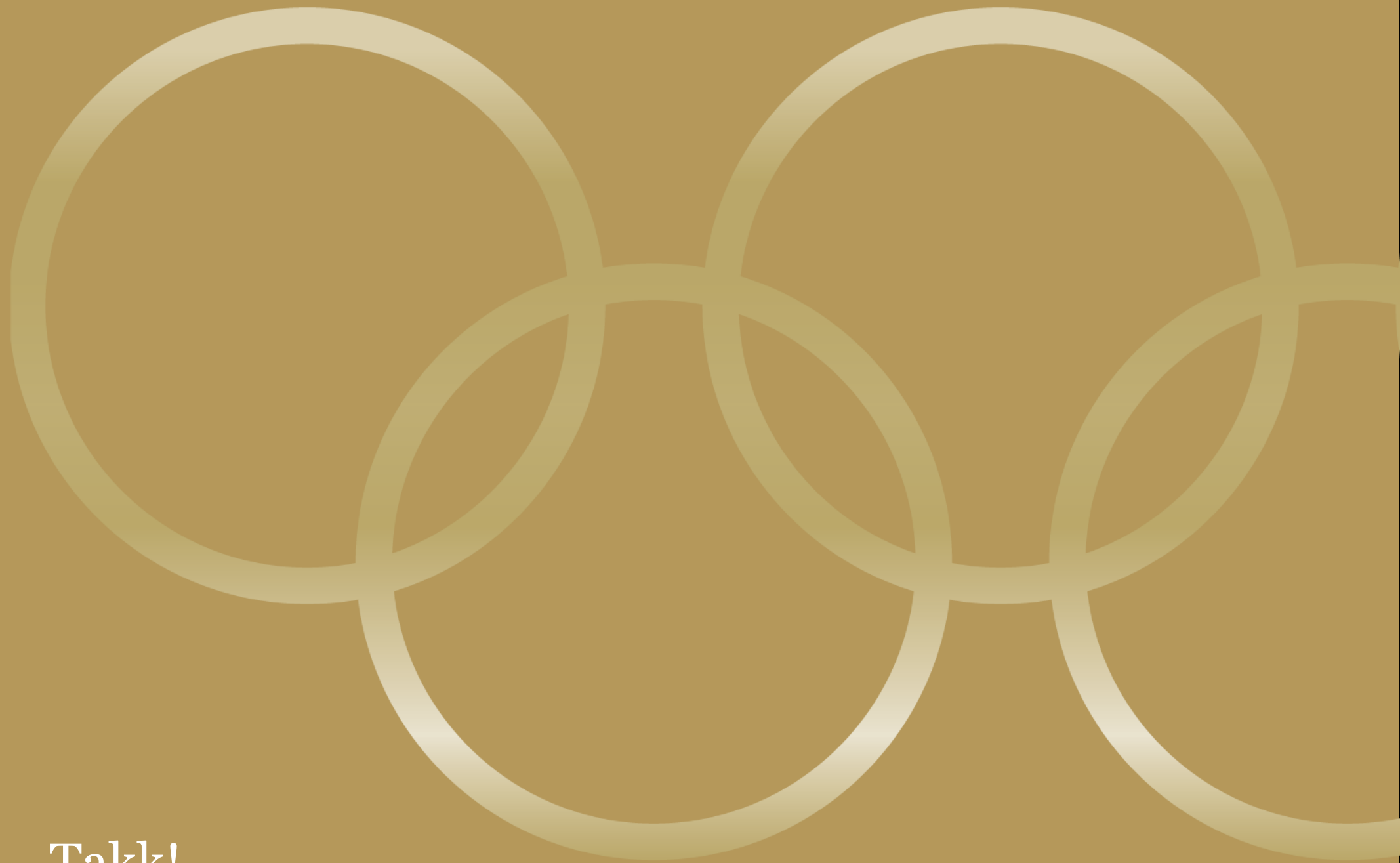
The Olympic Coach Certification

The Olympiatoppen EliteCoach-program

- Theory – practice – interdisciplinary
- A process
 - A pedagogical approach
- Focus on self-development (role and practice)
 - Reflection as a tool for analysis
 - Mentalization
 - Communication/relationship/power
 - The good coach (effective good and morally good)
- Seminars - presentations, case-study, group work, exercises
- Reflection
- Narratives
- Individual tasks and collective tasks
- Mentoring
- Emphasis on what happens *between* the seminars (every national coach has one coach from Olympiatoppen, mentor / co-coach)



Coach Education that matters?



Takk!